



September 2011


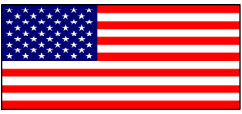
SAN FRANCISCO UNIFIED SCHOOL DISTRICT



Preferred Meal Systems, Inc.

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BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Check Us Out: www.sfusd.edu</p>	<p>SPECIAL K Graham Crackers Fresh Apple</p>	<p>KIX CEREAL (WHOLE GRAIN) Rockin' Raisin Muffin Fresh Banana</p>
<p>LABOR DAY </p>	<p>BAGEL W/CREAM CHEESE Fresh Apple</p>	<p>BANANA MUFFIN Fresh Pear</p>	<p>KIX CEREAL (WHOLE GRAIN) Cinnamon Elf Grahams Fresh Banana</p>	<p>MULTIGRAIN CHEERIOS (WHOLE GRAIN) Wally Wabbit's Carrot Muffin Fresh Apple</p>
<p>CORN FLAKES Honey Belly Bears Fresh Orange</p>	<p>TRAIL MIX String Cheese Fresh Apple</p>	<p>LEMON MUFFIN Fresh Pear</p>	<p>FROSTED FLAKES (LOW SUGAR) Graham Crackers Fresh Apple</p>	<p>APPLE FRUITY MUFFIN Fresh Banana</p>
<p>RICE KRISPIES Cinnamon Elf Grahams Fresh Orange</p>	<p>BAGEL W/CREAM CHEESE Fresh Apple</p>	<p>WALLY WABBIT'S CARROT MUFFIN Graham Crackers Fresh Pear</p>	<p>KIX CEREAL (WHOLE GRAIN) Honey Belly Bears Fresh Banana</p>	<p>FROSTED MINI WHEATS (WHOLE GRAIN) Banana Muffin Fresh Apple</p>
<p>FROSTED FLAKES (LOW SUGAR) Jungle Crackers Fresh Orange</p>	<p>TRAIL MIX String Cheese Fresh Apple</p>	<p>APPLE FRUITY MUFFIN Fresh Pear</p>	<p>SPECIAL K Graham Crackers Fresh Apple</p>	<p>KIX CEREAL (WHOLE GRAIN) Rockin' Raisin Muffin Fresh Banana</p>

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.

MealpayPlus.com

**Prepay for meals online! View what your Child is eating!
MealpayPlus.com or over the phone (866) 438-7842.**



SFUSD SAN FRANCISCO PUBLIC SCHOOLS

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