



Mon	Tues	Wed	Thu	Fri
		1	2	3
	French Toast/Syrup	Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup
		French Toast/Syrup	Cold Cereal 1/3 cup	Hot Cereal 1/3 cup
		Milk ¾ cup	Milk ¾ cup	Milk ¾ cup
6	7	8	9	10
Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup
Cold Cereal 1/3 cup	Waffle Stick/Syrup	Hot Cereal 1/3 cup	Cold Cereal 1/3 cup	Raisin Bread ½ Slice
Milk ¾ cup	Milk ¾ cup	Milk ¾ cup	Milk ¾ cup	Milk ¾ cup
13	14	15	16	17
Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup	
Cold Cereal 1/3 cup	Hot Cereal 1/3 cup	Bagel/Cream Cheese	Cold Cereal 1/3 cup	Furlough Day
Milk ¾ cup	Milk ¾ cup	Milk ¾ cup	Milk ¾ cup	
20	21	22	23	24
	Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup
HOLIDAY	Cold Cereal 1/3 cup	Hot Cereal 1/3 cup	Pancake/Syrup	Cold Cereal 1/3 cup
	Milk ¾ cup	Milk ¾ cup	Milk ¾ cup	Milk ¾ cup
27	28	29		
Fresh Fruit ½ cup	Fresh Fruit ½ cup	Fresh Fruit ½ cup		
Cold Cereal 1/3 cup	Hot Cereal 1/3 cup	Waffle Stick/Syrup		
Milk ¾ cup	Milk ¾ cup	Milk ¾ cup		

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