Physical Education Requirements and Exemptions:

Adoption of Board Policy 6142.7 (Physical Education and Activity) and Incorporation of Content from Board Policy 6105.6 (Physical Education Exemptions)
Tonight’s Objectives

- Summarize elements of the proposed resolution and accompanying policy language by the author
- Consider additional policy questions raised by staff and other suggested policy language for Board consideration
- Outline key decision points
Background

• Last physical education-related Board activity was March 2014 at Board’s Curriculum Committee to review JROTC’s curriculum

• In December 2012 the Board adopted BP 6105.6 (Physical Education Exemptions) in response to a finding in federal program monitoring. This policy was updated to further clarify exemptions in February 2014.
Background: Previous PE/JROTC Resolutions

- 2006 resolution that sought to phase out the JROTC program by fall 2008 (Resolution 65-23A1);
- 2007 Special Order of Business to extend the JROTC program as an elective course through the 2008-2009 school year (Amendment of Resolution 65-23A1);
- 2008 resolution to cease the provision of PE credit for JROTC (Resolution 86-17A1);
- 2009 resolution to provide the JROTC program in the 2009-2010 school year and beyond (Resolution 93-24A1);
- 2009 resolution to permit JROTC students to utilize independent study to obtain PE credit beginning in fall 2009, require JROTC instructors to obtain certification to provide general supervision of PE independent study by fall 2011, and terminate PE independent study at every site that did not have at least one JROTC instructor with the required certification to supervise PE independent study by fall 2011 (Resolution 95-26A2);
• 2011 resolution to extend the JROTC instructor certification deadline to fall 2013, require new JROTC hires to possess the necessary certification to supervise PE independent study, and provide that SFUSD will adopt any future guidance from CCTC that would allow JROTC to meet the PE requirement, if feasible (Resolution 115-24Sp2 (Amendment of Resolution 95-26A2));
• 2011 resolution to exempt 3 new hires from the independent study certification requirement (Resolution 118-9A1 (Reconsideration of 115-24Sp2 --Amendment of Resolution 95-26A2));
• 2012 resolution to provide that one JROTC instructor can provide general supervision of PE independent study at up to 2 sites, omit the requirement that all new hires must have the certification to supervise independent study, and clarify that JROTC compensation costs must be paid entirely by Department of Defense funding, private funding or school site budgets (Resolution 125-8A1 (Reconsideration and Amendment of 118-9A1 (Reconsideration of 115-24Sp2—Amendment of 95-26A2)).
Generally

• to permit flexibility to students to explore their personal interests while meeting graduation requirements

• to provide expanded clarity on physical education policy for implementation purposes, especially in the areas of:
  - Ed Code requirements
  - exemptions to the PE requirement
  - the use of independent study for PE credit
More specifically, with respect to JROTC

- to allow the continuation of the PE independent study option for JROTC students
- to authorize PE credit for JROTC and/or Marching Band participation if certain requirements are met:
  - provide PE instructional minutes required by Ed Code
  - Instructor holds appropriate credential
  - Course substantially meets PE course content standards
- to lift the prohibition on central office funds to support schools’ JROTC programming
Staff Suggested Policy Updates for Board Consideration

**PE Minutes (Ed Code 51210, 51222)**
- The draft PE Policy includes SFUSD PE Master Plan language providing 200 minutes of PE every 10 days for K and 400 minutes every 10 days for Grade 6. This language exceeds Ed Code requirements:
  - Grade 6 (Ed Code requires 200 minutes per 10 day period)
  - PK, TK, K (There are no Ed Code requirements related to minutes)

**Athletics (Ed Code 51242)**
- Include student participation under “other exemptions”

**Independent Study**
- Include continuation, county, and alternative schools
- Include 3-year CTE Pathways (8 Academies at 3 High Schools)

**Complaint Procedures (per CA Uniform Complaint Procedures)**
Unchanged

- Course of Study in PE
- Physical Fitness Testing (Grades 5, 7, and 9)
- Exemptions
  - Temporary Exemptions
    (illness, half-time enrollment)
  - Two-Year Exemptions
    (in Grade 10-12, after passing the PFT)
  - Permanent Exemptions
    (16 or older, enrolled as a postgraduate student, juvenile home or camp)
- Credentialing requirements for Physical Education instruction
  (with addition of new PE authorization for JROTC credential authorized in 2014)
Key Decision Points

1. **Instructional Time** (PreK, TK, K, Grade 6)
2. **PE Credit Authorized for JROTC and Marching Band**
3. **Athletics Exemption** (Interscholastic/CIF Rules)
4. **Independent Study for:**
   - JROTC
   - Court, County, & Continuation Schools
   - Alternative Schools of Choice
     (Academy, June Jordan, RASOTA, SFIHS, & Independence HS)
   - Career Pathway with course sequence of 3 or more years
5. **JROTC Funding**
6. **Complaint Procedures**
1. Instructional Time

• CA Ed Code requires only that students in Grades 1-6 receive 200 minutes of PE instruction per 10 day period.

• The SFUSD PE Master Plan (not Board policy) provides that Kindergarten students receive 200 minutes of PE per 10 day period and that students in grade 6 receive 400 minutes per 10 day period

• Current practice goes beyond Ed Code requirements for K and Grade 6

• Limited PE Specialist support is provided in PK and TK (though not in policy or CDE requirement)
2. PE Credit for JROTC and Marching Band

• CDE Guidance has acknowledged that PE credit may be provided for JROTC or Marching Band under certain circumstances:
  – Provide PE instructional minutes required by Ed Code (400 minutes/10 days)
  – Instructor holds necessary credential
  – Course substantially meets PE course content standards

• In 2014, CTC authorized a Special Teaching Authorization in PE that can be added to a JROTC instructor’s credential, as one means of meeting the credential requirement to grant PE credit for JROTC
• Current draft policy includes athletics under “Other Exemptions”, thereby excusing students from the PE requirement for graduation, without granting credit

• Adopting this exemption gives the District and its students maximum flexibility to meet graduation requirements. Operational details for implementation will need to be outlined in Administrative Regulation.
4. Independent Study

• Current Policy language (also quoted in Student Handbook):

  Physical Education Independent Study is available only for students enrolled in JROTC programs. The parent and school staff shall sign a current written agreement prior to the student’s participation in Independent Study.
4. Independent Study

- Draft policy language would expand independent study for PE to include:
  - Students in JROTC who are not receiving PE credit
  - Students in a three-year CTE pathway
  - Students enrolled in an alternative school of choice (Academy, June Jordan, RASOTA, & Independence)
  - Students enrolled in continuation or county schools
4. Independent Study

- PE Independent Study must be supervised by a teacher with a valid teaching credential issued by the State Board or the Commission on Teacher Credentialing, based on a bachelor’s degree, student teaching, and special fitness to perform. (EC 51747.5)
4. Independent Study

Three-year CTE Pathways

• Lincoln High School
  – Finance
  – Arts, Media, and Entertainment
  – Teacher Academy

• Galileo High School
  – ICT
  – Arts, Media, and Entertainment

• Burton High School
  – Health
  – Engineering
  – Arts, Media, and Entertainment
5. JROTC Funding

• Current high schools that offer JROTC programs: Mission, Galileo, Burton, Balboa, Lowell, Lincoln, Washington

• Current BOE policy prohibits central office support for JROTC programming

• This draft resolution would lift that prohibition, but does not guarantee funding to schools with JROTC programs

• Federal requirement states two instructors per JROTC class; for those schools that offer JROTC: one is centrally-funded, general practice that the other position is funded by school sites
6. Complaint Procedures

• The draft resolution and policy would direct complaints towards the district’s existing Uniform Complaint procedures (CA Code of Regulations)

• Complainants would have the right to appeal a decision to the CDE
Key Decision Points

1. **Instructional Time** (PreK, TK, K, Grade 6)
2. **Authorize PE Credit for JROTC and Marching Band**
3. **Athletics Exemption** (Interscholastic/ CIF Rules)
4. **Independent Study for:**
   - JROTC or marching band
   - Court, County, & Continuation Schools
   - Alternative Schools of Choice
     (Academy, June Jordan, RASOTA, SFIHS, & Independence HS)
   - Career Pathway of 3+ years
5. **JROTC Funding**
6. **Complaint Procedures**