SFUSD Food and Fitness Advisory Committee
(formerly SNPAC)
Approved Meeting Minutes
Feb. 9, 2012

Attending: Mark Elkin, Maryann Ramey, Lena Brook, Amy Portella Nelson, Stacey Bartlett, James Brosnechan (parent, dance/arts educator), Kevin Kerr, Judy Ting, Antonia William, Colleen Kavanagh, Shelley Weiner

Committee Structure: Maryann spoke with the manager of the Wellness Initiative, which includes mental health. She said we could do Wellness Policy Committee but there is concern that it would cause confusion with the Wellness Initiative. Maryann suggested Food and Fitness Committee. Food and Fitness Committee was considered: SFUSD FFC. Lena Brooks made a movement to change the name of the committee to the SFUSD Food and Fitness Committee and Maryann Rainey seconded. Motion was approved unanimously.

A discussion ensued about the committee positions, nominations and voting. The group felt it should balance physical fitness and nutrition as well as district/non district/parents. Experience is important. The slate needs to have a variety of representatives. Members should send in their self-nominations within next two weeks. Colleen will send out roles to everyone next week. If possible, voting will happen at the next meeting.

Wellness Policy Revision (Amy, Mark): Amy presented a summary of the revision process to the group. Task forces will be established based on issue areas. Timeline-Mark has initiated the conversation with the district. Could take up to a year but don’t know yet. He thinks the changes need to be a revision, not a totally new document, otherwise the process is more cumbersome. There will be a meeting March 1, 2-3:30pm, location TBA to start the process.

PE Update (Christina): PE Assessment will be released imminently. MS and HS PE minutes mandate was being met but at elementary it was not (generally). There are no PE specialists at elementary level and this may be a factor in why the minutes are not being met. PE specialists that are working in schools were providing quality skills training, more so than teachers or aides were. One clear action item is that they need to find out what principals need to or can do to support PE.

The district’s response to the survey is to add 4 PE specialists via Prop H money. There will be a press conference at DeAvila on Feb. 23 to announce the elementary level data.
Shape Up is sponsoring a poster contest—what is your favorite physical activity? Judging happens soon.

**Board Meeting (Peter):** Peter and Zetta talked to Hydra Mendoza about agenda for the discussion. He brought 4 recommendations for the board to the committee: (1) seed money for vending machines (2) SAC Committee can serve as SNS input board (3) encourage schools to have multiple lunch periods (4) invite student governments to improve cafeteria environment (murals, seating, pushing in line, etc).

Kevin noted that there is a business meeting among principals once a month and this would be a good time to discuss how to do staggered lunches. It can be tricky with safety and schedules. *Paula Jones made a motion and Lena Brook seconded it that we approve these general recommendations.* We will likely meeting with Board facilities committee in a month or two.

**Oakland Study (Paula):** Paula spoke about the Oakland feasibility study. She will send it out to the committee. Members should review for next meeting.

**SNS Update (Paula):** Grab N Go pilots are increasing participation in breakfast between 45-85 people in most of the pilot schools (Lowell less but may be due to location). They are operating at Wallenberg, Lowell, Washington, T. Marshall. O’Connell is next. Menu example is granola, yogurt, apple, milk or honey roasted sunflower seeds, milk and apple.

**Catering Trucks (Lena):** Lena met with Scott Weiner’s aide. His office has a working group on this issue. Many competitive issues between vendors and brick and mortar restaurants. They are looking to reduce the buffer zone at schools to one block. There are a lot of complexities that the school food part is getting caught up in. There is not timeline but the discussion is active. His office offered to come and speak with our committee. Lena has met with Chris Armitrout, SFUSD’s legislative staffer. Mark noted that the Committee has a position, which is the same as the City ordinance. If we are to consider any alternatives, we need SNS’s input and more discussion.