SNPAC Meeting Minutes 12/1/2012

Attending: Catherine Johnson (SFUSD), Teri Ollie, Paula Jones, Matt Rosen (Youth Leadership), Peter Laughterborn, Judy (student rep), Lucy Hicks, Marilyn Rainey, Christine Goette, Kevin Kerr, Judy Teng, Catherine Johnson, Mark Elkin, Colleen Kavanagh

Agenda Items:

Old Business

1. Adoption of Minutes:

Minutes were adopted with minor corrections.

2. Committee Structure Task Force (Colleen Kavanagh)

Rules revisions were approved by section preliminarily. Final draft will be circulated before next meeting. Comments and questions should be sent to Colleen. Agenda should note that a vote will be taken on the new rules and the name of the committee at the next meeting. (action item for next agenda)

3. Board Presentation by SNPAC

Will probably be second Tuesday meeting in Jan. Peter will report on youth vote, Zetta for pilots/ student, nutrition research. A subgroup needs to meet with a board staff person. (Action item—form subgroup)

4. Assessment Update (Teri Olle)

Teri Olle from the SFFB updated the group on the progress on the school food assessment. A second draft is being circulated internally. May have another round of info gathering. The assessment is a program review, not an assessment of new models as the Committee was hoping for. However, Teri and Paula believe there is useful information that can be used to improve the program and plan for the future. SNPAC should see a copy by Spring.

New Business

4. PE Update (Christina)
PE Research for Kids was released by state. The study shows academic benefits of PE are as important as health benefits. PE is about teaching skills; PA doing physically active things. Assessment in SF was of 4 middle (7th), 4 high (9th), 20 elementary (5th). Elementary often have no PE teachers or support but 20% of the elementaries met the mandated minutes. All the HS met mandated minutes. MS do not have PE teachers, though they do have some support. Didn't see much difference in amount of physical activity if PE teacher on site or not. When students did get their minutes, they were generally being very active (MVPA). The goal is 30 minutes of MVPA a week on average at all the schools. The board curriculum committee will be briefed in January.

5. SNS report (Zetta Reiker)
General annual data:

SFUSD has 56,420 students, 50% free and 10% reduced, 12% no or expired apps, 10% of kids turned in apps on line.

Student charges are at $250,000 and bills are being sent out. We do not know how that compares to last year.

Qualitative Student Focus Group Data:

The reason for study is that there were a number of changes in last few years—implementation of POS, elimination of a la carte. Now want to look at views of students and staff. Did 3 studies. Observed lunch at every MS and HS; did a student survey of 750 students; held student interviews—2 students pared and on line component.

a. Site observations showed mixed success. Lines very long still at former a la carte (no salad bar, 2 meal options, meals prepped on site so look better than the area compared to main line).

Some students still didn’t know they could go to any line to get reimbursable meals. Offer v. serve is hard to do at a la carte bc space limited on counter. Student charges have not increased. Kids were quicker to charge at the former NSLP line—may be a staff issue.

b. Staff interviews—they had a hard time w the concept that they were not losing money w FRP meals. Some staff also told the kids that one line is the free line.

c. Student survey—2 MS, 2 HS, 740 students. MS identified long lines as #1 reason didn’t eat lunch. In HS, #1 barrier was being too busy. 58% kids said they purchase from a la carte bc it tasted good; those who ate at NSLP line said it was bc the meal was cheap. 25% of those qualified said they knew who was getting benefits. 22% not qualified said they could tell who was getting free lunch.
- main reason is that kids told them. Galileo and Marina most kids knew a la carte were integrated but not as much as at Washington and Hoover.

d. Focus groups/on-line discussion board—kids prefer a la carte food but there are long lines and food runs out. Cafeteria environment being poor brought up a lot--getting pushed in line, cutting, cleaner. Motivations--hungry, like food, cheaper. Barriers--other activities, long lines, menu offering, required items confusing. Suggested an express line--no cash, bagged. They also want more vegetarian options and healthier food (want nutrition info).

Participation growing in middle and high school. Still room for improvement. Can add points of service to help w lines but best model is Lowell where offers lunch from 10:30-1:30 (mod schedule). Few schools have that kind of flexibility.

6. Wellness Policy Revision Update (Mark)

Getting a new WP approved by the board is very time consuming bc it has to go through several board committees. New regulations are due out between now and the fall of 2012, so will wait to go to the board after those are out. In meantime will start writing sections of the report.

A working group was formed. The first meeting was called for 3pm on Dec. 15. Location TBD. Update will be made at next meeting. (agenda item)

8. Other reports

(Matt Rosen?) ADA grants for Kids Eat Right Campaign are designed to educate parents about how to feed kids healthier foods. Being done at 4 schools in SFUSD, sponsored by Sunset Beacon. Parent empowerment project? The committee would like to hear more abou this at the next meeting. (agenda item)