

# December



## HOT BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				Southwest Chicken Chorizo and Cheese Brekwich 1
French Toast Sticks 4	Egg and Sausage Quesadilla 5	Pancakes w/Syrup 6	Turkey, Cheddar Cheese, and Omelet Gordita 7	Omelet w/Cheese 8
Mini Cheese Omelet w/French Toast Sticks 11	Breakfast Panada Pie w/Eggs, Cheese and Green Chilies 12	Pancakes w/Syrup 13	Buenos Dias Breakfast Burrito 14	Turkey, Pepper Jack Cheese, and Omelet Gordita 15
French Toast Sticks 18	Egg and Sausage Quesadilla 19	Rise & Shine Breakfast Burrito 20	Pancakes w/Syrup 21	HOLIDAY 22
HOLIDAY 25	HOLIDAY 26	HOLIDAY 27	HOLIDAY 28	HOLIDAY 29

### Did you know?

Healthy students are better learners and perform better across all levels of academic achievement – from higher grades and test scores to better concentration and memory.

