

January

HOT BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
HOLIDAY 1	HOLIDAY 2	HOLIDAY 3	HOLIDAY 4	HOLIDAY 5
HOLIDAY 8	French Toast Sticks/Syrup 9	Breakfast Panada Pie w/Eggs, Cheese and Green Chillies 10	Turkey, Cheddar Cheese, and Omelet Gordita 11	Rise & Shine Breakfast Burrito (Egg & Cheese) 12
HOLIDAY 15	No Service 16	Omelet w/Cheese 17	Egg and Sausage Quesadilla 18	Pancakes w/Syrup 19
French Toast Sticks/Syrup 22	Breakfast Panada Pie w/Eggs, Cheese and Green Chillies 23	Pancakes w/Syrup 24	Buenos Dias Breakfast Burrito 25	Chicken Sausage and Omelet Gordita 26
Mini Cheese Omelet w/French Toast Sticks 29	Classic Chicken Sausage and Cheddar Brekwich 30	Egg and Sausage Quesadilla 31		

Happy New Year!

Resolve to eat breakfast this year! Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

