

## SECONDARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>BREAKFAST</b> String Cheese/ Cinnamon Grahams <b>LUNCH</b> Tomato Curry w/Grilled Chicken Italian "Sausage" Calzoni (VG) Broccoli <b>1</b>
<b>BREAKFAST</b> Cheerios Cereal/ Mini Dipperdoodle Bar (DF) <b>LUNCH</b> Chicken Sausage Eggel Sandwich Cheese Enchiladas (VG) Baby Carrots <b>4</b>	<b>BREAKFAST</b> Plain Bagel/ Cream Cheese <b>LUNCH</b> Uncle Ted's BBQ Drumstick Rainbow Veggie Pizza (VG) Black Beans & Broccoli <b>5</b>	<b>BREAKFAST</b> Mini Dipperdoodle Bar/ String Cheese <b>LUNCH</b> Flame Broiled Cheeseburger Bean Cheese Pupusa (VG) Lettuce Tomatoes w/Ranch <b>6</b>		
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

### Did you know?

Edamame, or immature soybeans, contain all nine essential amino acids, making them a complete plant protein. Edamame also has other key nutrients: fiber, calcium, and iron!

