

June



COLD SUMMER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				Turkey Cheddar Sandwich Broccoli 1
Chicken Caesar Wrap Baby Carrots 4	Veggie Chef Salad (VG) Black Beans & Broccoli 5	Turkey Cheddar Sandwich Lettuce Tomatoes w/Ranch 6	Mighty Meaty Deli Combo Cucumber 7	Sesame Chicken Wrap (DF) Chili Citrus Corn 8
Garden Ranch Salad w/Chicken Baby Carrots 11	Honey Mustard Chicken Wrap Broccoli 12	Southwest Veggie Wrap (VG) Celery Sticks w/Ranch 13	Mighty Meaty Deli Combo Corn 14	BBQ Chicken Wrap Edamame 15
Buffalo Chicken Wrap Baby Carrots 18	Chicken Caesar Wrap Chili Citrus Corn 19	Veggie Taco Salad Black Beans/Broccoli 20	Chicken Salad Sandwich Lettuce w/Ranch 21	Sesame Chicken Wrap Cucumber 22
Turkey Cheddar Sandwich Corn 25	Southwest Veggie Wrap Broccoli 26	Honey Mustard Chicken Wrap Celery Sticks w/Ranch 27	Chicken Salad Sandwich Celery Sticks w/Ranch 28	Garden Ranch Salad w/Chicken Baby Carrots 29

Did you know?

Cucumber and zucchini look a lot alike - what's the difference? They are both part of the cucurbit family (which also includes melons and squash) but are completely different species. Most people prefer to eat cucumber raw, and zucchini cooked.

