

ES SUMMER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				BREAKFAST String Cheese/ Cinnamon Grahams LUNCH Tomato Curry w/Grilled Chicken Italian "Sausage" Calzoni (VG) Broccoli 1
BREAKFAST Cheerios Cereal/ Mini Dipperdoodle Bar (DF) LUNCH Chicken Sausage Eggel Sandwich Cheese Enchiladas (VG) Baby Carrots 4	BREAKFAST Plain Bagel/ Cream Cheese LUNCH Uncle Ted's BBQ Drumstick Rainbow Veggie Pizza (VG) Black Beans 5	BREAKFAST Mini Dipperdoodle Bar/ String Cheese LUNCH Flame Broiled Cheeseburger Bean Cheese Pupusa (VG) Lettuce w/Ranch 6	BREAKFAST Lemon Muffin LUNCH Buffalo Crunchadilla Scoops w/Black Bean & Green Chili Dip (VG) Cucumber 7	BREAKFAST Yogurt/ Educational Snacks LUNCH Beefy Bean Cheese Burrito Cheese Ravioli (VG) Chili Citrus Corn 8
BREAKFAST MultiGrain Cheerios Cereal/ Zac Attack Strawberry Bar (DF) LUNCH Hot Dog (DF) Cheese Tamale (VG) Baby Carrots 11	BREAKFAST Breakfast Cinnamon Crumble LUNCH Chili Citrus Drumstick w/Rice (DF) Pancakes Omelet (VG) Broccoli 12	BREAKFAST Blueberry Bagel/ Cream Cheese LUNCH Chicken Pasta Alfredo Panada Pie (VG) Celery Sticks w/Ranch 13	BREAKFAST Cinnamon Chex/ Zac Attack Strawberry Bar (DF) LUNCH Spaghetti Meatballs (DF) Cheese Lasagna (VG) Corn 14	BREAKFAST Mini Dipperdoodle Bar/ String Cheese LUNCH Chicken Potstickers w/Rice (DF) Cheese Pizza (VG) Edamame 15
BREAKFAST Yogurt/ Granola LUNCH Oven Roasted Chicken Sandwich (DF) Bean Cheese Pupusa (VG) Baby Carrots 18	BREAKFAST Blueberry Muffin LUNCH Scoops w/Chicken & Green Chili Cheese Dip Italian "Sausage" Calzoni (VG) Chili Citrus Corn 19	BREAKFAST Cinnamon Chex Cereal/ Zac Attack Strawberry Bar (DF) LUNCH Jerk Drumstick w/Pineapple Carrot Rice (DF) Cheese Ravioli (VG) Black Beans 20	BREAKFAST Plain Bagel/ Cream Cheese LUNCH Pepper Jack Cheeseburger Cheese Pizza (VG) Lettuce w/Ranch 21	BREAKFAST Cheerios Cereal/ Mini Dipperdoodle Bar (DF) LUNCH Spicy Chicken and Cheese Eggel Sandwich Pasta Alfredo (VG) Cucumber 22
BREAKFAST Zac Omega Blackberry Bar (DF) LUNCH Pancakes w/Sausage Cheese Lasagna (VG) Corn 25	BREAKFAST Blueberry Bagel/ Cream Cheese (DF) LUNCH Tomato Curry w/Grilled Chicken Baked Mac Cheese & BBQ Beans (VG) Broccoli 26	BREAKFAST Yogurt/ Honey Grahams LUNCH Hot Dog (DF) Cheese Pizza (VG) Celery Sticks w/Ranch 27	BREAKFAST French Toast Muffin LUNCH Chicken Pasta Alfredo Cheese Enchiladas (VG) Baby Carrots 28	BREAKFAST Mini Dipperdoodle Bar/ String Cheese LUNCH Chicken Tamale (DF) Rainbow Veggie Pizza (VG) Pinto Beans 29

Did you know?

Alfredo sauce gets its name from Alfredo di Lelio, an Italian chef who invented it in 1914. When two American actors visited Alfredo's restaurant, they enjoyed the creamy sauce so much that they brought the recipe home to America!

