

PRE-K SUMMER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				BREAKFAST String Cheese/ Cinnamon Grahams LUNCH Tomato Curry w/Grilled Chicken Italian "Sausage" Calzoni (VG) Broccoli 1
BREAKFAST Cheerios Cereal/ Mini Dipperdoodle Bar (DF) LUNCH Chicken Sausage Eggel Sandwich Cheese Enchiladas (VG) Diced Carrots 4	BREAKFAST Plain Bagel/ Cream Cheese LUNCH Uncle Ted's BBQ Drumstick Rainbow Veggie Pizza (VG) Black Beans 5	BREAKFAST Mini Dipperdoodle Bar/ String Cheese LUNCH Flame Broiled Cheeseburger Bean Cheese Pupusa (VG) Lettuce w/Ranch 6	BREAKFAST Lemon Muffin LUNCH Buffalo Crunchadilla Scoops w/Black Bean & Green Chili Dip (VG) Cucumber 7	BREAKFAST Yogurt/ Educational Snacks LUNCH Beefy Bean Cheese Burrito Cheese Ravioli (VG) Chili Citrus Corn 8
BREAKFAST MultiGrain Cheerios Cereal/ Zac Attack Strawberry Bar (DF) LUNCH Hot Dog (DF) Cheese Tamale (VG) Diced Carrots 11	BREAKFAST Breakfast Cinnamon Crumble LUNCH Chili Citrus Drumstick w/Rice (DF) Pancakes Omelet (VG) Broccoli 12	BREAKFAST Blueberry Bagel/Cream Cheese LUNCH Chicken Pasta Alfredo Panada Pie (VG) Cucumber w/Ranch 13	BREAKFAST Cinnamon Chex/Zac Attack Strawberry Bar (DF) LUNCH Spaghetti Meatballs (DF) Cheese Lasagna (VG) Corn 14	BREAKFAST Mini Dipperdoodle Bar/String Cheese LUNCH Chicken Potstickers w/Rice (DF) Cheese Pizza (VG) Black Beans 15
BREAKFAST Yogurt/Granola LUNCH Oven Roasted Chicken Sandwich (DF) Bean Cheese Pupusa (VG) Diced Carrots 18	BREAKFAST Blueberry Muffin LUNCH Chicken Teriyaki (DF) Italian "Sausage" Calzoni (VG) Chili Citrus Corn 19	BREAKFAST Cinnamon Chex Cereal/ Zac Attack Strawberry Bar (DF) LUNCH Jerk Drumstick w/Pineapple Carrot Rice (DF) Cheese Ravioli (VG) Black Beans 20	BREAKFAST Plain Bagel/ Cream Cheese LUNCH Pepper Jack Cheeseburger Cheese Pizza (VG) Lettuce w/Ranch 21	BREAKFAST Cheerios Cereal/ Mini Dipperdoodle Bar (DF) LUNCH Spicy Chicken and Cheese Eggel Sandwich Pasta Alfredo (VG) Cucumber 22
BREAKFAST Zac Omega Blackberry Bar (DF) LUNCH Chicken Taco Trio Cheese Lasagna (VG) Corn 25	BREAKFAST Blueberry Bagel/ Cream Cheese (DF) LUNCH Tomato Curry w/Grilled Chicken Baked Mac Cheese & BBQ Beans (VG) Broccoli 26	BREAKFAST Yogurt/ Honey Grahams LUNCH Hot Dog (DF) Cheese Pizza (VG) Celery Sticks w/Ranch 27	BREAKFAST French Toast Muffin LUNCH Chicken Pasta Alfredo Cheese Enchiladas (VG) Diced Carrots 28	BREAKFAST Mini Dipperdoodle Bar/ String Cheese LUNCH Chicken Tamale (DF) Rainbow Veggie Pizza (VG) Pinto Beans 29

Did you know?

The five cheeses in our lasagna are all Italian varieties. Did you know there are over 300 kinds of cheese made in Italy? In addition to cow's milk, some cheeses are made using milk from sheep, goats, or even Italian buffalo!

