

## PRE-K SUMMER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>BREAKFAST</b> String Cheese/ Cinnamon Grahams <b>LUNCH</b> Tomato Curry w/Grilled Chicken Italian "Sausage" Calzoni (VG) Broccoli <b>1</b>
<b>BREAKFAST</b> Cheerios Cereal/ Mini Dipperdoodle Bar (DF) <b>LUNCH</b> Chicken Sausage Eggel Sandwich Cheese Enchiladas (VG) Diced Carrots <b>4</b>	<b>BREAKFAST</b> Plain Bagel/ Cream Cheese <b>LUNCH</b> Uncle Ted's BBQ Drumstick Rainbow Veggie Pizza (VG) Black Beans <b>5</b>	<b>BREAKFAST</b> Mini Dipperdoodle Bar/ String Cheese <b>LUNCH</b> Flame Broiled Cheeseburger Bean Cheese Pupusa (VG) Lettuce w/Ranch <b>6</b>	<b>BREAKFAST</b> Lemon Muffin <b>LUNCH</b> Buffalo Crunchadilla Scoops w/Black Bean & Green Chili Dip (VG) Cucumber <b>7</b>	<b>BREAKFAST</b> Yogurt/ Educational Snacks <b>LUNCH</b> Beefy Bean Cheese Burrito Cheese Ravioli (VG) Chili Citrus Corn <b>8</b>
<b>BREAKFAST</b> MultiGrain Cheerios Cereal/ Zac Attack Strawberry Bar (DF) <b>LUNCH</b> Hot Dog (DF) Cheese Tamale (VG) Diced Carrots <b>11</b>	<b>BREAKFAST</b> Breakfast Cinnamon Crumble <b>LUNCH</b> Chili Citrus Drumstick w/Rice (DF) Pancakes Omelet (VG) Broccoli <b>12</b>	<b>BREAKFAST</b> Blueberry Bagel/Cream Cheese <b>LUNCH</b> Chicken Pasta Alfredo Panada Pie (VG) Cucumber w/Ranch <b>13</b>	<b>BREAKFAST</b> Cinnamon Chex/Zac Attack Strawberry Bar (DF) <b>LUNCH</b> Spaghetti Meatballs (DF) Cheese Lasagna (VG) Corn <b>14</b>	<b>BREAKFAST</b> Mini Dipperdoodle Bar/String Cheese <b>LUNCH</b> Chicken Potstickers w/Rice (DF) Cheese Pizza (VG) Black Beans <b>15</b>
<b>BREAKFAST</b> Yogurt/Granola <b>LUNCH</b> Oven Roasted Chicken Sandwich (DF) Bean Cheese Pupusa (VG) Diced Carrots <b>18</b>	<b>BREAKFAST</b> Blueberry Muffin <b>LUNCH</b> Chicken Teriyaki (DF) Italian "Sausage" Calzoni (VG) Chili Citrus Corn <b>19</b>	<b>BREAKFAST</b> Cinnamon Chex Cereal/ Zac Attack Strawberry Bar (DF) <b>LUNCH</b> Jerk Drumstick w/Pineapple Carrot Rice (DF) Cheese Ravioli (VG) Black Beans <b>20</b>	<b>BREAKFAST</b> Plain Bagel/ Cream Cheese <b>LUNCH</b> Pepper Jack Cheeseburger Cheese Pizza (VG) Lettuce w/Ranch <b>21</b>	<b>BREAKFAST</b> Cheerios Cereal/ Mini Dipperdoodle Bar (DF) <b>LUNCH</b> Spicy Chicken and Cheese Eggel Sandwich Pasta Alfredo (VG) Cucumber <b>22</b>
<b>BREAKFAST</b> Zac Omega Blackberry Bar (DF) <b>LUNCH</b> Chicken Taco Trio Cheese Lasagna (VG) Corn <b>25</b>	<b>BREAKFAST</b> Blueberry Bagel/ Cream Cheese (DF) <b>LUNCH</b> Tomato Curry w/Grilled Chicken Baked Mac Cheese & BBQ Beans (VG) Broccoli <b>26</b>	<b>BREAKFAST</b> Yogurt/ Honey Grahams <b>LUNCH</b> Hot Dog (DF) Cheese Pizza (VG) Celery Sticks w/Ranch <b>27</b>	<b>BREAKFAST</b> French Toast Muffin <b>LUNCH</b> Chicken Pasta Alfredo Cheese Enchiladas (VG) Diced Carrots <b>28</b>	<b>BREAKFAST</b> Mini Dipperdoodle Bar/ String Cheese <b>LUNCH</b> Chicken Tamale (DF) Rainbow Veggie Pizza (VG) Pinto Beans <b>29</b>

### Did you know?

The five cheeses in our lasagna are all Italian varieties. Did you know there are over 300 kinds of cheese made in Italy? In addition to cow's milk, some cheeses are made using milk from sheep, goats, or even Italian buffalo!

