


# Breakfast

**May 2018**

EED Nutrition Services

415 379-2700

Monday	Tuesday	Wednesday	Thursday	Friday
APR 30 <b>Pancake</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	1 <b>Bagel</b> 1/2 PK; 1 SA; With Cream Cheese PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	2 <b>Yogurt &amp; Granola</b> 1/3 cup yogurt; 1oz granola PK; 2oz SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	3 <b>Waffle</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	4 <b>Raisin Toast</b> 1 slice PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
7 <b>Cold Cereal</b> 1/3 cup* PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	8 <b>Waffle</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	9 <b>Yogurt &amp; Granola</b> 1/3 cup yogurt; 1oz granola PK; 2oz SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	10 <b>Hot Cereal</b> 1/3 cup PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	11 <b>Turkey Sausage &amp; Toast</b> 1 each; 1/2 slice toast PK; 1 slice SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
14 <b>Raisin Toast</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	15 <b>Bagel</b> 1/2 PK; 1 SA; With Cream Cheese PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	16 <b>Yogurt &amp; Granola</b> 1/3 cup yogurt; 1oz granola PK; 2oz SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	17 <b>Hot Cereal</b> 1/3 cup PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	18 <b>Pancake</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
21 <b>Cold Cereal</b> 1/3 cup* PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	22 <b>Egg Sandwich</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	23 <b>Yogurt &amp; Granola</b> 1/3 cup yogurt; 1oz granola PK; 2oz SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	24 <b>Hot Cereal</b> 1/3 cup PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	25 <b>Blueberry Muffins</b> 2 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
	29 <b>Waffle</b> 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	30 <b>Yogurt &amp; Granola</b> 1/3 cup yogurt; 1oz granola PK; 2oz SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	31 <b>Hot Cereal</b> 1/3 cup PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	<b>Orange Sunrise</b> JUN 1 <b>Muffins</b> 2 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c


\* Puffed Cold Cereal such as Kix or Rice Chex will be served 3/4 cup for Pre-K children, 1 1/4 cup for School Age children

# Snack

May 2018

EED Nutrition Services

415 379-2700

Monday	Tuesday	Wednesday	Thursday	Friday
APR 30 <b>Tiny Twist Pretzels</b> 1oz serving PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	1 <b>Cheese Sandwich</b> 1/2 each PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	2 <b>Honey Grahams</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	3 <b>Elf Grahams</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	4 <b>Goldfish Pretzels</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit
7 <b>Jungle Crackers</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	8 <b>Cheddar Goldfish</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	9 <b>Tiny Twist Pretzels</b> 1oz serving PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	10 <b>Cheese Sandwich</b> 1/2 each PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	11 <b>Honey Grahams</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit
14 <b>Elf Grahams</b> 1oz serving PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	15 <b>Tomato Focaccia</b> 1oz slice PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	16 <b>Mozzarella &amp; Saltines</b> 4 crackers & 1/2oz cheese PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	17 <b>Goldfish Pretzels</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	18 <b>Jungle Crackers</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit
21 <b>Cheddar Goldfish</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	22 <b>Tiny Twist Pretzels</b> 1oz serving PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	23 <b>Cheese Sandwich</b> 1/2 each PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	24 <b>Honey Grahams</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	25 <b>Elf Grahams</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit
	29 <b>Tomato Focaccia</b> 1oz slice PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	30 <b>Mozzarella &amp; Saltines</b> 4 crackers & 1/2oz cheese PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	31 <b>Jungle Crackers</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit	JUN 1 <b>Cheddar Goldfish</b> 1oz package PK: Fresh Fruit 1/2c SA: Fresh Fruit 3/4c or 1 whole fruit

# Lunch


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APR 30 <b>Sloppy Joes</b> 1/3c <b>Rainbow Carrots</b> 1/4c PK; 1/2c SA <b>Whole wheat bun</b> 1 each PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	1 <b>Chicken Chow Mein</b> 9oz PK 1 3/4c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	2 <b>Oven Fried Rice</b> 9oz PK 1 1/2c SA with Roasted Turkey PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	3 <b>Chili Macaroni</b> 9oz <b>Tossed Salad</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	4 <b>Cheese Quesadilla</b> 1 each <b>Corn</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
7 <b>Smokin' Veggie Chili</b> 1 cup <b>Rice</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	8 <b>Spaghetti</b> 1c PK; 1 1/2c SA <b>Tossed Salad</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	9 <b>Barbecue Chicken</b> <b>Rice</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	10 <b>Cheese Pizza</b> 4oz slice <b>Tossed Salad</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	11 <b>Turkey Meatloaf</b> 5oz slice <b>Roasted Potatoes</b> 1/4c PK; 1/2c SA <b>Toast</b> 1/2 slice PK; 1 slice SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
14 <b>Macaroni &amp; Cheese</b> 1 cup <b>Roasted String Beans</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	15 <b>Chicken Pot Pie</b> 1 c PK; 2c SA Peas, Carrots, and Potatoes PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	16 <b>Chili Macaroni</b> 9oz <b>Corn</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	17 <b>Cheese Quesadilla</b> 1 each <b>Broccoli</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	18 <b>Oven Fried Rice</b> 9oz PK 1 1/2c SA with Roasted Turkey PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
21 <b>Breakfast Burrito</b> <b>Veggie Sticks</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	22 <b>Sloppy Joes</b> 1/3c meat <b>Broccoli</b> 1/4c PK; 1/2c SA <b>Whole Wheat Bun</b> 1 each PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	23 <b>Cheese Pizza</b> 4oz slice <b>Tossed Salad</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	24 <b>Chicken Florentine</b> 3/4c PK; 1c SA <b>Noodles</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	25 <b>Turkey Cheddar</b> <b>Sandwich</b> 1 each <b>Roasted Squash</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
28 <b>Memorial Day</b> 	29 <b>Spanish Rice</b> 1 cup <b>Corn</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	30 <b>Chicken Tetrazzini</b> 1c PK; 1 3/4c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	31 <b>Smokin' Veggie Chili</b> 1 cup <b>Rice</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	JUN 1 <b>Spaghetti</b> 1c PK; 1 1/2c SA <b>Roasted String Beans</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c

# Vegan Lunch

May 2018

EED Nutrition Services

415 379-2700

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APR 30 <b>Lentil Sloppy Joes</b> 1/3c Rainbow Carrots 1/4c PK; 1/2c SA whole wheat bun 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	1 <b>Tofu Chow Mein</b> 9oz PK; 1 1/4c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	2 <b>Oven Fried Rice</b> 9oz PK; 1 1/2c SA with Red Beans PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	3 <b>Chili Macaroni</b> 9oz Tossed Salad 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	4 <b>Vegan Quesadilla</b> 1 each Corn 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
7 <b>Smokin' Veggie Chili</b> 1 cup Rice 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	8 <b>Spaghetti</b> 1c PK; 1 1/2c SA Tossed Salad 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	9 <b>Barbecue Tofu</b> Rice 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	10 <b>Vegan Pizza</b> 4oz slice Tossed Salad 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	11 <b>Lentil Burgers</b> 5oz slice Roasted Potatoes 1/4c PK; 1/2c SA Toast 1/2 slice PK; 1 slice SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
14 <b>Macaroni &amp; Vegan Cheese</b> 1 cup Roasted String Beans 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	15 <b>Ceci Bean Pot Pie</b> 1 c PK; 2c SA Peas, Carrots, and Potatoes PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	16 <b>Chili Macaroni</b> 9oz Corn 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	17 <b>Vegan Quesadilla</b> 1 each Broccoli 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	18 <b>Oven Fried Rice</b> 9oz PK; 1 1/2c SA with Tofu PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
21 <b>Vegan Breakfast Burrito</b> Veggie Sticks 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	22 <b>Lentil Sloppy Joes</b> 1/3c meat Broccoli 1/4c PK; 1/2c SA Whole Wheat Bun 1 each PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	23 <b>Vegan Pizza</b> 4oz slice Tossed Salad 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	24 <b>Roasted Veggie Pasta</b> 3/4c PK; 1c SA White Bean Salad 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	25 <b>Veggie Sandwich</b> 1 each Roasted Squash 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c
28 <b>Memorial Day</b> 	29 <b>Spanish Rice</b> 1 cup Corn 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	30 <b>Tofu Tetrazzini</b> 1c PK; 1 3/4c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	31 <b>Smokin' Veggie Chili</b> 1 cup Rice 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c	JUN 1 <b>Spaghetti</b> 1c PK; 1 1/2c SA Roasted String Beans 1/4c PK; 1/2c SA PK: Fresh Fruit 1/2c and Milk 3/4c SA: Fresh Fruit 1/2c and Milk 1c

Items on the vegan lunch menu contain no eggs, dairy, cheese, or other animal products. Labels for most ingredients are available on request. A gluten free option is available daily by request. If your child has other dietary restrictions, please contact your Site Principal or clerk and inform them.

# Gluten Free Lunch

**May 2018**

EED Nutrition Services

415 379-2700

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APR 30 <b>Sloppy Joes</b> 1/3c <b>Rainbow Carrots</b> 1/4c PK; 1/2c SA <b>GF Bun</b> 1 each PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	1 <b>Chicken Chow Mein</b> 9oz PK; 1 1/4c SA <b>GF Noodles</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	2 <b>Oven Fried Rice</b> 9oz PK; 1 1/2c SA with Roasted Turkey PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	3 <b>Chili Macaroni</b> 9oz <b>Tossed Salad</b> 1/4c PK; 1/2c SA <b>GF Noodles</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	4 <b>Cheese Quesadilla</b> 1 each <b>Corn</b> 1/4c PK; 1/2c SA <b>Corn Tortilla</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
7 <b>Smokin' Veggie Chili</b> 1 cup <b>Rice</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	8 <b>Spaghetti</b> 1c PK; 1 1/2c SA <b>Tossed Salad</b> 1/4c PK; 1/2c SA <b>GF Noodles</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	9 <b>Barbecue Chicken</b> <b>Rice</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	10 <b>Cheese Pizza</b> 4oz slice <b>Tossed Salad</b> 1/4c PK; 1/2c SA <b>GF Crust</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	11 <b>Turkey Meatloaf</b> 5oz slice <b>Roasted Potatoes</b> 1/4c PK; 1/2c SA <b>GF Toast</b> 1/2 slice PK; 1 slice SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
14 <b>GF</b> <b>Macaroni &amp; Cheese</b> 1 cup <b>Roasted String Beans</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	15 <b>Chicken Pot Pie</b> 1 c PK; 2c SA Peas, Carrots, and Potatoes <b>GF Crust</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	16 <b>Chili Macaroni</b> 9oz <b>Corn</b> 1/4c PK; 1/2c SA <b>GF Noodles</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	17 <b>Cheese Quesadilla</b> 1 each <b>Broccoli</b> 1/4c PK; 1/2c SA <b>Corn Tortilla</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	18 <b>Oven Fried Rice</b> 9oz PK; 1 1/2c SA with Roasted Turkey PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
21 <b>Breakfast Burrito</b> <b>Veggie Sticks</b> 1/4c PK; 1/2c SA <b>GF wrap</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	22 <b>Sloppy Joes</b> 1/3c meat <b>Broccoli</b> 1/4c PK; 1/2c SA <b>GF Bun</b> 1 each PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	23 <b>Cheese Pizza</b> 4oz slice <b>Tossed Salad</b> 1/4c PK; 1/2c SA <b>GF Crust</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	24 <b>Chicken Florentine</b> 3/4c PK; 1c SA <b>GF Noodles</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	25 <b>Turkey Cheddar Sandwich</b> 1 each <b>Roasted Squash</b> 1/4c PK; 1/2c SA <b>GF Bread</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c
28 <b>Memorial Day</b> 	29 <b>Spanish Rice</b> 1 cup <b>Corn</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	30 <b>Chicken Tetrizzini</b> 1c PK; 1 1/4c SA <b>GF Noodles</b> PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	31 <b>Smokin' Veggie Chili</b> 1 cup <b>Rice</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c	<b>JUN 1</b> <b>GF Spaghetti</b> 1c PK; 1 1/2c SA <b>Roasted String Beans</b> 1/4c PK; 1/2c SA PK: Fresh Fruit 1/4c and Milk 3/4c SA: Fresh Fruit 1/4c and Milk 1c