

May

UNITIZED BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
	Blueberry Burst Bagel/Cream Cheese French Toast Muffin 1	Zac Omega Strawberry Bar (DF) Yogurt/Educational Snacks 2	Plain Bagel/Cream Cheese Blueberry Muffin 3	SCHOOL LUNCH HERO Cinnamon Chex Cereal/Zac Attack Apple Bar (DF) String Cheese/Cinnamon Grahams 4
Corn Chex/ Mini Dipperdoodle Bar (DF) Zac Omega Strawberry Bar/Fruit (DF) 7	NATIONAL TEACHER DAY! Breakfast Cinnamon Crumble Cinnamon Grahams/Cinnamon Rumbles 8	Plain Whole Wheat Bagel/Cream Cheese/Fruit Zac Omega Strawberry Bar/Fruit 9	Mini Dipperdoodle Bar/Fruit Lemon Muffin 10	Zac Omega Blackberry Bar/Fruit (DF) Yogurt/Honey Grahams/Fruit 11
Dipperdoodle Bar/Fruit (DF) MultiGrain Cheerios/Zac Attack Strawberry Bar/Fruit (DF) 14	Blueberry Bagel/Cream Cheese/Fruit French Toast Muffin 15	Corn Chex/Mini Dipperdoodle Bar/Fruit (DF) Yogurt/Educational Snacks/Fruit 16	Blueberry Muffin Hard Boiled Egg/Dinner Roll (DF) 17	Cheerios Cereal/Zac Attack Apple Bar (DF) String Cheese/Cinnamon Grahams 18
Cinnamon Chex Cereal/Zac Attack Strawberry Bar (DF) Yogurt/Educational Snacks 21	Breakfast Cinnamon Crumble/Fruit Dipperdoodle Bar/Fruit (DF) 22	Plain Bagel/Cream Cheese/Fruit String Cheese/Cinnamon Grahams/Fruit 23	MultiGrain Cheerios/Zac Attack Strawberry Bar/Fruit (DF) Lemon Muffin 24	Yogurt/Granola/Fruit Zac Omega Blackberry Bar (DF) 25
MEMORIAL DAY 28	Cheerios/Zac Attack Apple Bar/Fruit (DF) Dipperdoodle Bar/Fruit (DF) 29	Blueberry Bagel/Cream Cheese/Fruit French Toast Muffin/Fruit 30	Corn Chex/Zac Attack Strawberry Bar/Fruit (DF) Yogurt/Honey Grahams/Fruit 31	

Did you know?

Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

