

October

UNITIZED BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
Multigrain Cheerios & Zac Attack Strawberry Bar (DF) String Cheese & Skeeter Cinnamon Grahams 2	Blueberry Bagel & Cream Cheese Lemon Muffin 3	Cinnamon Crumble Yogurt & Granola 4	Plain Bagel & Cream Cheese Autumn Spice Muffin 5	Yogurt & Skeeter Cinnamon Grahams Cinnamon Chex & Zac Attack Apple Bar (DF) 6
HOLIDAY 9	Zee Zee's Berry Apple Crisp Bar (DF) RF Honey Buttons Cereal & Mini Dipperdoodle Bar (DF) 10	French Toast Muffin Blueberry Bagel & Cream Cheese 11	Hard Boiled Egg & Dinner Roll (DF) Lemon Muffin 12	Yogurt & Dick and Jane Crackers Dipperdoodle Bar (DF) 13
Corn Chex & Zac Attack Strawberry Bar (DF) Mini Dipperdoodle Bar & String Cheese 16	Plain Bagel & Cream Cheese Blueberry Muffin 17	Cinnamon Crumble Zac Omega Blackberry Bar (DF) 18	Blueberry Bagel & Cream Cheese Autumn Spice Muffin 19	Yogurt & Granola Cheerios & Zac Attack Apple Bar 20
String Cheese & Skeeter Cinnamon Grahams Zee Zee's Berry Apple Crisp Bar (DF) 23	Mini Dipperdoodle Bar & String Cheese French Toast Muffin 24	Plain Bagel & Cream Cheese Cinnamon Chex & Zac Attack Strawberry Bar (DF) 25	Skeeter Cinnamon Grahams & Cinnamon Rumbles Lemon Muffin 26	Multigrain Cheerios & Mini Dipperdoodle Bar (DF) Yogurt & Dick and Jane Crackers 27
Zac Omega Strawberry Bar (DF) Yogurt & Granola 30	Blueberry Bagel & Cream Cheese Cinnamon Crumble 31			

celebrate national school lunch week!
October 10-13 is National School Lunch Week, and we're celebrating with an all-star menu of all your favorite meals!

