

August

SECONDARY LUNCH



STUDENT
NUTRITION
SERVICES

revolution foods.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>BREAKFAST Lemon Muffin</p> <p>LUNCH Jumbo Italian Meatball Fiesta Scoops w/Three Layer Dip (VG) Three Bean Salad 1</p>	<p>BREAKFAST Skeeter Cinnamon Grahams & Cinnamon Rumbles</p> <p>LUNCH Mighty Meaty Deli Combo Egg & Cheese Panada Pie (VG) Corn 2</p>	<p>BREAKFAST Yogurt & Granola</p> <p>LUNCH Turkey & Cheese Flatbread Taco Dippers Kit (VG) Broccoli w/Ranch 3</p>	<p>BREAKFAST Plain Bagel & Cream Cheese</p> <p>LUNCH Hot Dog Cheese Pizza (VG) Celery Sticks 4</p>
<p>BREAKFAST Zee Zees Berry Apple Crisp Bar (DF)</p> <p>LUNCH Chicken Taco Trio Pancakes w/Omelet (VG) Edamame 7</p>	<p>BREAKFAST Cinnamon Crumble</p> <p>LUNCH Buffalo Chicken Crunchadilla Fiesta Scoops w/Three Layer Dip (VG) Corn 8</p>	<p>BREAKFAST Blueberry Bagel & Cream Cheese</p> <p>LUNCH Hot Dog (DF) Cheese Pizza (VG) Baby Carrots 9</p>	<p>BREAKFAST Yogurt & Granola</p> <p>LUNCH Uncle Ted's Chicken Drumsticks Bean Cheese Quesadilla (VG) Broccoli w/Ranch 10</p>	<p>BREAKFAST String Cheese & Skeeter Cinnamon Grahams</p> <p>LUNCH Spicy Chicken & Cheese Eggel Sandwich Panada Pie (VG) Cucumber 11</p>
<p>BREAKFAST Zac Omega Blackberry Bar (DF)</p> <p>LUNCH Pancakes w/Sausage Cheese Tamale (VG) Corn 14</p>	<p>BREAKFAST Blueberry Muffin</p> <p>LUNCH Mighty Meaty Deli Combo Calzoni Pizza (VG) Three Bean Salad 15</p>	<p>BREAKFAST Plain Bagel & Cream Cheese</p> <p>LUNCH FlameBroiled Burger (DF) Fiesta Scoops w/Three Layer Dip (VG) Lettuce w/Ranch 16</p>	<p>BREAKFAST Yogurt & Dick and Jane Crackers</p> <p>LUNCH Hot Dog (DF) Cheese Pizza (VG) Celery Sticks 17</p>	<p>BREAKFAST RF Honey Buttons Cereal (DF)</p> <p>LUNCH Chicken Potstickers (DF) Pasta Alfredo (VG) Baby Carrots 18</p>
<p>BREAKFAST Blueberry Bagel & Cream Cheese</p> <p>LUNCH Hot Dog (DF) Baked Mac Cheese & Baked Beans (VG) Baby Carrots 21</p>	<p>BREAKFAST *NEW* Corn Chex & Zac Attack Strawberry Bar (DF)</p> <p>LUNCH *NEW* General Tso's Chicken Cheese Lasagna (VG) Broccoli w/Ranch 22</p>	<p>BREAKFAST Cinnamon Crumble</p> <p>LUNCH Uncle Ted's Chicken Drumstick Cheese Tamale (VG) Pinto Beans & Grape Tomatoes 23</p>	<p>BREAKFAST Lemon Muffin</p> <p>LUNCH Chicken Tamale (DF) Cheese Ravioli (VG) Corn 24</p>	<p>BREAKFAST Yogurt & Dick and Jane Crackers</p> <p>LUNCH Chicken Sausage & Cheddar Eggel Sandwich Panada Pie (VG) Cucumber 25</p>
<p>BREAKFAST Zee Zees Berry Apple Crisp Bar (DF)</p> <p>LUNCH Pancakes w/Sauage Spaghetti Marinara (VG) Baby Carrots 28</p>	<p>BREAKFAST Plain Bagel & Cream Cheese</p> <p>LUNCH Buffalo Chicken Crunchadilla Fiesta Scoops w/Three Layer Dip (VG) Celery Sticks 29</p>	<p>BREAKFAST Mini Dipperdoodle Bar & String Cheese</p> <p>LUNCH Chicken Enchiladas Pasta Alfredo (VG) Corn 30</p>	<p>BREAKFAST French Toast Muffin</p> <p>LUNCH Oven Roasted Chicken Sandwich Cheese Pizza (VG) Lettuce & Tomatoes w/Ranch 31</p>	

What's New?

Introducing our new lunch meal: General Tso's chicken and rice! Try our new grilled chicken bites seasoned with our new General Tso's sauce and served over our "not-so-fried" rice.

Look for it on the menu 8/22!

