

November



PRE-K LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		BREAKFAST Cinnamon Chex & Zac Attack Apple Bar (DF) LUNCH Spaghetti Meatballs (DF) Cheese Lasagna (VG) Corn 1	BREAKFAST Autumn Spice Muffin LUNCH Chicken Enchiladas Pasta Alfredo (VG) Cucumber 2	BREAKFAST Zee Zee's Berry Apple Crisp Bar (DF) LUNCH Firecracker Chicken Pancakes w/Omelet (VG) Broccoli 3
BREAKFAST String Cheese & Skeeter Cinnamon Grahams LUNCH Hot Dog (DF) Cheese Pizza (VG) Diced Carrots 6	BREAKFAST Lemon Muffin LUNCH Jerk Drumstick w/Pineapple Carrot Rice (DF) Cheese Tamale (VG) Broccoli 7	BREAKFAST Yogurt & Granola LUNCH Buffalo Chicken Crunchadilla Fiesta Scoops (VG) Cucumber w/Ranch 8	BREAKFAST French Toast Muffin LUNCH Chicken Mole (DF) Spaghetti Marinara (VG) Corn 9	HOLIDAY 10
BREAKFAST Corn Chex & Zac Attack Strawberry Bar (DF) LUNCH Meatball Sub Cheese Lasagna (VG) Corn 13	BREAKFAST Plain Bagel & Cream Cheese LUNCH Creamy Tomato Curry w/Grilled Chicken Italian "Sausage" Calzoni(VG) Cucumber 14	BREAKFAST Zee Zee's Berry Apple Crisp Bar (DF) LUNCH Flame Broiled Cheeseburger Cheese Pizza (VG) Lettuce w/Ranch 15	BREAKFAST Hard Boiled Egg & Dinner Roll (DF) LUNCH Roasted Turkey and Stuffing (DF) Cheese Enchiladas (VG) Yams 16	BREAKFAST Yogurt & Granola LUNCH General Tso's Chicken Cheesy Ravioli (VG) Broccoli 17
HOLIDAY 20	HOLIDAY 21	HOLIDAY 22	HOLIDAY 23	HOLIDAY 24
BREAKFAST Shelf Stable: Cinnamon Chex & Honey Grahams LUNCH Hot Dog (DF) Cheese Pizza (VG) Diced Carrots w/Ranch 27	BREAKFAST Blueberry Bagel & Cream Cheese LUNCH Buffalo Chicken Crunchadilla Cheese Tamale (VG) Pinto Beans 28	BREAKFAST Yogurt & Educational Snacks LUNCH Chicken Sausage and Cheddar Eggel Sandwich Pasta Alfredo (VG) Corn 29	BREAKFAST Cinnamon Crumble LUNCH Jumbo Caribbean Meatball w/Rice (DF) Pancakes w/Omelet (VG) Broccoli 30	

What's New?

Our Holiday Meal is back! Featured on November 16th, our kid-favorite Oven Roasted Turkey meal with stuffing and mashed yams is delicious and just in time for the cold weather!

