

November



SUPPER

Monday	Tuesday	Wednesday	Thursday	Friday
		Hot Dog (DF) Veggie Sloppy Joe (VG) Broccoli 1	Uncle Ted's BBQ Drumstick (DF) Bean and Cheese Quesadilla (VG) Baby Carrots 2	Chicken Tamale (DF) Spaghetti Marinara (VG) Pinto Beans 3
Chicken Taco Italian "Sausage" Calzoni (VG) Corn 6	Jumbo Caribbean Meatball w/Rice (DF) Cheesy Ravioli (VG) Pinto Beans 7	Hot Dog (DF) Cheese Pizza (VG) Baby Carrots 8	Hawaiian Meatballs Cheese Lasagna (VG) Broccoli w/Ranch 9	HOLIDAY 10
Hot Dog (DF) Cheese Pizza (VG) Broccoli w/Ranch 13	Baked Mac & Cheese and BBQ Chicken Bean and Cheese Burrito (VG) Corn 14	Chicken Potstickers (DF) Pasta Alfredo (VG) Edamame 15	Spaghetti Meatballs (DF) Fiesta Scoops (VG) Baby Carrots 16	Chicken Tamale (DF) Pancakes w/Omelet (VG) Celery Sticks 17
HOLIDAY 20	HOLIDAY 21	HOLIDAY 22	HOLIDAY 23	HOLIDAY 24
Creamy Tomato Curry w/Grilled Chicken Cheese Lasagna (VG) Corn 27	Sweet n Smoky Chicken Sausage Rice Bowl Cheese Enchiladas (VG) Celery Sticks 28	Flame Broiled Cheeseburger Cheese Pizza (VG) Lettuce w/Ranch 29	Hot Dog (DF) Cheesy Ravioli (VG) Pinto Beans 30	

Did you know?

Healthy students are better learners and perform better across all levels of academic achievement – from higher grades and test scores to better concentration and memory.

