

November



SUPPER

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| | | Hot Dog (DF) Veggie Sloppy Joe (VG) Broccoli 1 | Uncle Ted's BBQ Drumstick (DF) Bean and Cheese Quesadilla (VG) Baby Carrots 2 | Chicken Tamale (DF) Spaghetti Marinara (VG) Pinto Beans 3 |
| Chicken Taco Italian "Sausage" Calzoni (VG) Corn 6 | Jumbo Caribbean Meatball w/Rice (DF) Cheesy Ravioli (VG) Pinto Beans 7 | Hot Dog (DF) Cheese Pizza (VG) Baby Carrots 8 | Hawaiian Meatballs Cheese Lasagna (VG) Broccoli w/Ranch 9 | HOLIDAY 10 |
| Hot Dog (DF) Cheese Pizza (VG) Broccoli w/Ranch 13 | Baked Mac & Cheese and BBQ Chicken Bean and Cheese Burrito (VG) Corn 14 | Chicken Potstickers (DF) Pasta Alfredo (VG) Edamame 15 | Spaghetti Meatballs (DF) Fiesta Scoops (VG) Baby Carrots 16 | Chicken Tamale (DF) Pancakes w/Omelet (VG) Celery Sticks 17 |
| HOLIDAY 20 | HOLIDAY 21 | HOLIDAY 22 | HOLIDAY 23 | HOLIDAY 24 |
| Creamy Tomato Curry w/Grilled Chicken Cheese Lasagna (VG) Corn 27 | Sweet n Smoky Chicken Sausage Rice Bowl Cheese Enchiladas (VG) Celery Sticks 28 | Flame Broiled Cheeseburger Cheese Pizza (VG) Lettuce w/Ranch 29 | Hot Dog (DF) Cheesy Ravioli (VG) Pinto Beans 30 | |

Did you know?

Healthy students are better learners and perform better across all levels of academic achievement – from higher grades and test scores to better concentration and memory.

