

November



UNITIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		Dipperdoodle Bar (DF) Cinnamon Chex & Zac Attack Apple Bar (DF) 1	Plain Bagel & Cream Cheese Autumn Spice Muffin 2	Corn Chex & Zac Attack Strawberry Bar (DF) Zee Zee's Berry Apple Crisp Bar (DF) 3
Multigrain Cheerios & Mini Dipperdoodle Bar (DF) String Cheese & Skeeter Cinnamon Grahams 6	Zac Omega Blackberry Bar (DF) Lemon Muffin 7	Blueberry Bagel & Cream Cheese Yogurt & Educational Snacks 8	Skeeter Cinnamon Grahams & Cinnamon Rumbles French Toast Muffin 9	HOLIDAY 10
Corn Chex & Zac Attack Strawberry Bar (DF) Dipperdoodle Bar (DF) 13	Plain Bagel & Cream Cheese Blueberry Muffin 14	Autumn Spice Muffin Zee Zee's Berry Apple Crisp Bar (DF) 15	Blueberry Bagel & Cream Cheese Hard Boiled Egg & Dinner Roll 16	Yogurt & Granola Cheerios & Zac Attack Apple Bar 17
HOLIDAY 20	HOLIDAY 21	HOLIDAY 22	HOLIDAY 23	HOLIDAY 24
Shelf Stable: Cinnamon Chex & Cinnamon Skeeters 27	Blueberry Bagel & Cream Cheese French Toast Muffin 28	Zac Omega Blackberry Bar (DF) Yogurt & Educational Snacks 29	Plain Bagel & Cream Cheese Cinnamon Crumble 30	

Did you know?

Healthy students are better learners and perform better across all levels of academic achievement – from higher grades and test scores to better concentration and memory.

