

Nutritionals Condiments

Condiment									
Menu Item	Calories (Kcal)	Carb (g)	Fat (g)	Sfat (g)	Chol (mg)	Na (mg)	TDF (g)	Sugars (g)	Pro (g)
Cholula Hot Sauce Packet	0	0	0	0	0	119	0	0	0
Ranch Dressing Packet	150	1	16	3	10	280	0	1	0

Nutritionals Milk

Milk									
Menu Item	Calories (Kcal)	Carb (g)	Fat (g)	Sfat (g)	Chol (mg)	Na (mg)	TDF (g)	Sugars (g)	Pro (g)
Milk 0%	90	13	0	0	0	135	0	13	9
Milk 0%	90	13	0	0	0	135	0	13	9
Milk 1%	130	13	3	2	0	135	0	13	9
Milk 1% Shelf Stable	110	13	3	2	10	130	0	12	8
Milk 1%	130	13	3	2	0	135	0	13	9
Chocolate Milk	120	22	0	0	0	180	0	19	9
Milk Chocolate 0%	120	22	0	0	0	180	0	19	9
Soy Milk (Milk Substitute)	150	18	5	1	0	180	0	17	9
Soy Milk	150	18	5	1	0	180	0	17	9