



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DECEMBER Hot Breakfast

3 • Pancakes w/Syrup (V)	4 • Omelet w/Cheese (V)	5 • Turkey, Pepper Jack Cheese and Omelet Gordita	6 • French Toast, Maple Turkey Sausage and Egg Combo	7 • Buenos Dias Breakfast Burrito (V)
10 • Classic Chicken Sausage and Cheddar Brekwich	11 • Mini Cheese Omelet w/French Toast Sticks (V)	12 • Cheddar Cheese and Omelet Gordita (V)	13 • Peach Pancake Bowl (V)	14 • Breakfast Enchilada Scramble w/Scoops (V)
17 • Pancakes w/Syrup (V)	18 • Omelet w/Cheese (V)	19 • French Toast Sticks (V)	20 • Green Chile Breakfast Burrito (V)	21 • Chicken Sausage and Cheddar Brekwich
24	25	26	27	28
NEW YEAR'S EVE! 31				

**DID YOU
KNOW?**

Studies show students who eat breakfast have improved cognitive function, attention, and memory, which lead to better math and reading scores, attendance and punctuality.

Breakfast: option of 0% and 1% milk and fresh fruit served daily. All COLD BK items are VG and all Grains are Whole Wheat.

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.