



FEBRUARY

MON	TUE	WED	THU	FRI
				1 Banana Muffin Oven Roasted Chicken Sandwich (DF) Chicken Potstickersw/Rice Veggie Calzone (V) Garbanzo Beans & Grape Tomatoes Refresh Week B
4 Zac Omega Strawberry Bar (DF) Mongolian Beef w/Rice Orange Grilled Chicken Bites Bean Cheese Quesadilla(V) Broccoli Refresh Week A	5 Lunar New Year	6 Cinnamon Chex & Educational Snacks NEW* Pepperoni Pizza All Beef Hot Dog (DF) Cheese Pizza (V) Celery Sticks w/Ranch Refresh Week A	7 Plain Bagel w/Cream Cheese Chili Citrus Drumstick w/Rice (DF) Buffalo Crunchadilla Pancakes w/Omelet (V) Black Bean & Corn Refresh Week A	8 Breakfast Cinnamon Crumble Pasta w/Turkey & Beef Bolognese Sauce Chicken Sausage & Cheddar Eggel Sandwich Pasta Alfredo (V) Baby Carrots Refresh Week A
11 Corn Chex Cereal & Educational Snacks Flame Broiled All Beef Cheeseburger Flame Broiled All Beef Burger (DF) Veggie Calzone (V) Lettuce Tomatoes w/Ranch	12 Mini Lemon Muffin & String Cheese Kickin' Chicken Alfredo Chicken Potstickers(DF) PanadaPie (V) Green Peas Refresh Week B	13 Blueberry Bagel w/Cream Cheese Chicken Gumbo & Cornbread Sunbutterand Jelly Sandwich Rainbow Veggie Pizza (V) Celery Sticks Refresh Week B	14 Yogurt & Honey Grahams NEW* Cheesy bean & Salsa Nacho Dip w/Scoops Chicken Tamale (DF) Spaghetti Marinara (V) Pinto Beans & Grape Tomatoes Refresh Week B	15 Cheerios Cereal & Zac Attack Apple Bar (DF) All Beef Hot Dog (DF) General Tso Chicken Cheese Ravioli (V) Baby Carrots Refresh Week B
18 President's Day	19 DipperdoodleBar (DF) Lone Star BBQ Chicken Sandwich (DF) Chicken Taco Trio Cheese Tamale (V) Corn Refresh Week A	20 Plain Bagel w/Cream Cheese NEW* Pepperoni Pizza All Beef Hot Dog (DF) Cheese Pizza (V) Green Beans Refresh Week A	21 Mini French Toast Muffin & String Cheese Flame Broiled All Beef Burger Grilled Chicken Bites w/BBQ Beans Hearty Veggie Chili (V) Broccoli w/Ranch Refresh Week A	22 Yogurt & Educational Snacks Chicken Teriyaki (DF) Turkey and Cheddar Sandwich Pancakes w/Omelet (V) Edamame & Cucumbers Refresh Week A
25 Zac Strawberry Bar (DF) Flame Broiled All Beef Cheeseburger Flame Broiled All Beef Burger (DF) Cheese Pizza (V) Baby Carrots Refresh Week B	26 Breakfast Cinnamon Crumble *NEW* Smothered Burrito Chicken Tamale (DF) Cheese Lasagna (V) Carrot, Corn & Peas Refresh Week B	27 Cheerios Cereal & Animal Crackers Mongolian Beef Chicken Gumbo & Cornbread Rainbow Veggie Pizza (V) Broccoli w/Ranch Refresh Week B	28 Blueberry Bagel w/Cream Cheese Chili Citrus Drumstick w/Rice (DF) All Beef Hot Dog (DF) Cheese Ravioli (V) Coleslaw Refresh Week B	29

DAILY REFRESH SPECIALS FROM THE CAFÉ

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	California Beef Hotdog Cheese Enchilada Plate Turkey/Pesto or Tomato/Provolone Sandwich Turkey Deli or Cheese Deli Sandwich Yogurt Fruit Parfait Tomato Soup / Baby Carrots	Pepperoni or Cheese Pizza Cheese Ravioli w/ Garlic Bread Protein Pack Snack Pack Cucumber & Jicama Cup w/ Tahin Baby Carrots	BBQ Beef Meatballs w/ Mashed Potatoes Broccoli Cheddar Soup w/ Garlic Knot Yogurt Fruit Parfait Celery & Cucumber Cup w/ Ranch Baby Carrots	Chicken or Vegetarian Burrito Chicken Chili Verde w/ Fajita Rice Bean and Cheese Pupusa Cheese and Crackers Snack Pack Refried Beans / Zingy Corn Salad	Pepperoni, Cheese or Chef's Choice Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Romaine Shaker Salad Roasted Redskin Potatoes
Week B	California Beef Hotdog Three Bean Chili w/ Cornbread Turkey/Pesto or Tomato/Provolone Sandwich Turkey Deli or Cheese Deli Sandwich Yogurt Fruit Parfait Tomato Soup / Baby Carrots	Pepperoni or Cheese Pizza Greek Chicken Salad w/ Flatbread Protein Pack Snack Pack Baby Carrots Cucumber & Jicama Cup w/ Tahin	BBQ Beef Meatballs w/ Mashed Potatoes Teriyaki Beef Meatballs w/ Rice *Rogeli's Cheesy Alfredo Pasta Yogurt Fruit Parfait Mediterranean Chickpea Salad Celery & Cucumber Cup w/ Ranch	Chicken or Vegetarian Burrito Grilled Cheese 'Dilla w/ Pico de Gallo Bean and Cheese Pupusa Cheese and Crackers Snack Pack Baby Carrots / Suzie's Spicy Lime Slaw	Pepperoni, Cheese or Chef's Choice Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Romaine Shaker Salad Roasted Redskin Potatoes

*Recipes created by the School Advisory **SFAO**
 A youth led group that collaborates with Student Nutrition to reimagine the school dining experience.



PRICING
 Student Meal: \$3
 Teacher Meal: \$4

Water \$1
Fruit \$0.50
Milk: \$0.50

All meals come with fresh fruit & a choice of 1% or fat free milk.

All grains are whole grain rich.

Students may take a fruit and/or veggie.

If your school is participating in the Community Eligibility Provision (CEP), each student can receive one breakfast and one lunch at no cost.

