

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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WHAT'S NEW?

Our pizza has gotten a makeover – no more square meals here! Try our **NEW Pepperoni Pizza** – zesty marinara sauce, gooey mozzarella cheese and turkey-beef pepperoni on a round whole-grain crust!

Try it on Feb 6th and Feb 20th!



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- **Vegetable** of the day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Harvest of the Month™</p> <p>Local California mandarins are in season. Try one with your meal this month!</p>				<p>1</p> <ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Chicken Potstickers w/Rice • Veggie Calzone (V) <ul style="list-style-type: none"> ○ Black Beans
<p>4</p> <ul style="list-style-type: none"> • Mongolian Beef w/Rice • Orange Grilled Chicken Bites • Bean Cheese Quesadilla(V) <ul style="list-style-type: none"> ○ Broccoli 	<p>5</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>6</p> <ul style="list-style-type: none"> • *NEW* Pepperoni Pizza • Cheese Pizza (V) <ul style="list-style-type: none"> ○ Cucumber w/Ranch 	<p>7</p> <ul style="list-style-type: none"> • Buffalo Crunchadilla • Pancakes w/Omelet (V) <ul style="list-style-type: none"> ○ Black Bean & Corn 	<p>8</p> <ul style="list-style-type: none"> • Pasta w/Turkey & Beef Bolognese Sauce • Chicken Sausage & Cheddar Eggel Sandwich • Pasta Alfredo (V) <ul style="list-style-type: none"> ○ Diced Carrots
<p>11</p> <ul style="list-style-type: none"> • Flame Broiled All Beef Cheeseburger • Flame Broiled All Beef Burger (DF) • Veggie Calzone (V) <ul style="list-style-type: none"> ○ Lettuce w/Ranch 	<p>12</p> <ul style="list-style-type: none"> • Kickin' Chicken Alfredo • Chicken Potstickers (DF) • Panada Pie (V) <ul style="list-style-type: none"> ○ Green Peas 	<p>13</p> <ul style="list-style-type: none"> • Chicken Gumbo & Cornbread • Sunbutter and Jelly Sandwich • Rainbow Veggie Pizza (V) <ul style="list-style-type: none"> ○ Cucumber 	<p>14</p> <ul style="list-style-type: none"> • *NEW* Cheesy Bean & Salsa Nacho Dip w/Scoops • Chicken Tamale (DF) • Spaghetti Marinara (V) <ul style="list-style-type: none"> ○ Pinto Beans 	<p>15</p> <ul style="list-style-type: none"> • General Tso Chicken • Cheese Ravioli (V) <ul style="list-style-type: none"> ○ Diced Carrots
<p>18</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>19</p> <ul style="list-style-type: none"> • Lone Star BBQ Chicken Sandwich (DF) • Chicken Taco Trio • Cheese Tamale (V) <ul style="list-style-type: none"> ○ Corn 	<p>20</p> <ul style="list-style-type: none"> • *NEW* Pepperoni Pizza • Cheese Pizza (V) <ul style="list-style-type: none"> ○ Green Beans 	<p>21</p> <ul style="list-style-type: none"> • Flame Broiled All Beef Burger • Grilled Chicken Bites w/BBQ Beans • Hearty Veggie Chili (V) <ul style="list-style-type: none"> ○ Broccoli w/Ranch 	<p>22</p> <ul style="list-style-type: none"> • Chicken Teriyaki (DF) • Turkey and Cheddar Sandwich • Pancakes w/Omelet (V) <ul style="list-style-type: none"> ○ Black Beans
<p>25</p> <ul style="list-style-type: none"> • Flame Broiled All Beef Cheeseburger • Flame Broiled All Beef Burger (DF) • Cheese Pizza (V) <ul style="list-style-type: none"> ○ Diced Carrots 	<p>26</p> <ul style="list-style-type: none"> • *NEW* Smothered Burrito • Chicken Tamale (DF) • Cheese Lasagna (V) <ul style="list-style-type: none"> ○ Carrot, Corn & Peas 	<p>27</p> <ul style="list-style-type: none"> • Mongolian Beef • Chicken Gumbo & Cornbread • Rainbow Veggie Pizza (V) <ul style="list-style-type: none"> ○ Broccoli w/Ranch 	<p>28</p> <ul style="list-style-type: none"> • Chili Citrus Drumstick w/Rice (DF) • Cheese Ravioli (V) • Coleslaw 	

This institution is an equal opportunity provider.

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.

FEBRUARY LUNCH PRE-K