



JANUARY

MON	TUE	WED	THU	FRI
	1 New Year's Day	2	3	4
7 Cinnamon Chex Cereal & Honey Grahams Mighty Meaty Deli Combo Sandwich SunbutterJelly Sandwich Kit Baby Carrots Refresh Week A	8 Blueberry Bagel w/Cream Cheese Mongolian Beef w/Rice Scoops w/Chicken & Green Chile Cheese Dip Cheese Ravioli Corn Refresh Week A	9 Mini French Toast Muffin & String Cheese Chili Citrus Chicken Drumstick w/Rice (DF) Chicken Tamale (DF) Pancakes & Omelet (V) Green Beans Refresh Week A	10 DipperdoodleBar (DF) Ranchero Chxn Queso Bake BBQ Chicken Sandwich Cheese Lasagna (V) Chopped Lettuce & Tomatoes w/Ranch Refresh Week A	11 Yogurt & Educational Snacks Pasta w/Turkey Beef Bolognese Chicken Sausage and Cheddar EggelSandwich Pasta Alfredo (V) Corn Refresh Week A
14 DipperdoodleBar (DF) Chicken Potstickersw/Rice Oven Roasted Chicken Sandwich (DF) Cheese Pizza (V) Green Peas Refresh Week B	15 Mini Lemon Muffin & String Cheese All Beef Hot Dog (DF) Chicken Quesadilla Fiesta Scoops 3 Layer Dip (V) Pinto Beans & Grape Tomatoes Refresh Week B	16 Breakfast Cinnamon Crumble Spaghetti and Meatballs (DF) Chicken Taco Trio Cheese Pizza (V) Baby Carrots Refresh Week B	17 Mini Bagels w/Grape Jam & Hard Boiled Egg Orange Chicken w/Rice (DF) Chicken Tamale (DF) Italian Calzone (V) Broccoli & Carrot Salad Refresh Week B	18 Corn Chex Cereal & Zac Attack Strawberry Bar (DF) Chicken Enchiladas Turkey and Cheese Flatbread Sandwich Cheese PanadaPie (V) Celery Sticks w/Ranch Refresh Week B
21 Martin Luther King Jr. Day	22 DipperdoodleBar (DF) Corn Chex & Educational Snacks Cheeseburger Beef Burger (DF) Veggie Calzone (V) Lettuce & Tomatoes w/Ranch Refresh Week A	23 Banana Muffin Chicken Gumbo & Cornbread Tomato Curry w/Grilled Chicken Pancakes & Omelet (V) Green Beans Refresh Week A	24 French Toast Muffin/String Cheese Hawaiian Meatballs (DF) Ranchero Chxn Bake Scoops w/Black Bean & Green Chile Cheese Dip (V) Pinto Beans & Grape T'mtoes Refresh Week A	25 Yogurt & Honey Grahams Jerk Chicken Drumstick w/Pineapple Carrot Rice (DF) Buffalo Chicken Crunchadilla Bean Cheese Burrito (V) Baby Carrots Refresh Week A
28 Corn Chex Cereal & Mini DipperdoodleBar (DF) Baked Mac & cheese w/Chicken Sausage Combo Chicken Taco Trio Cheese Lasagna (V) Baby Carrots Refresh Week B	29 Plain Bagel w/Cream Cheese All Beef Hot Dog (DF) General Tso Chicken w/Rice Cheese Ravioli (V) Corn Refresh Week B	30 Lemon Muffin & String Cheese Orange Chicken w/Rice (DF) Cheeseburger Scoops w/Black Bean & Green Chile Cheese Dip (V) Broccoli w/Ranch Refresh Week B	31 Yogurt & Granola Kickin' Chicken Alfredo Sweet n Smoky Chicken Sausage Rice Bowl Cheese Enchiladas (V) Green Beans Refresh Week B	

DAILY REFRESH SPECIALS FROM THE CAFÉ

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	California Beef Hotdog Cheese Enchilada Plate Turkey/Pesto or Tomato/Provolone Sandwich Turkey Deli or Cheese Deli Sandwich Yogurt Fruit Parfait Tomato Soup / Baby Carrots	Pepperoni or Cheese Pizza Cheese Ravioli w/ Garlic Bread Protein Pack Snack Pack Cucumber & Jicama Cup w/ Tahin Baby Carrots	BBQ Beef Meatballs w/ Mashed Potatoes Broccoli Cheddar Soup w/ Garlic Knot Yogurt Fruit Parfait Celery & Cucumber Cup w/ Ranch Baby Carrots	Chicken or Vegetarian Burrito Chicken Chili Verde w/ Fajita Rice Bean and Cheese Pupusa Cheese and Crackers Snack Pack Refried Beans / Zingy Corn Salad	Pepperoni, Cheese or Chef's Choice Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Romaine Shaker Salad Roasted Redskin Potatoes
Week B	California Beef Hotdog Three Bean Chili w/ Cornbread Turkey/Pesto or Tomato/Provolone Sandwich Turkey Deli or Cheese Deli Sandwich Yogurt Fruit Parfait Tomato Soup / Baby Carrots	Pepperoni or Cheese Pizza Greek Chicken Salad w/ Flatbread Protein Pack Snack Pack Baby Carrots Cucumber & Jicama Cup w/ Tahin	BBQ Beef Meatballs w/ Mashed Potatoes Teriyaki Beef Meatballs w/ Rice *Rogeli's Cheesy Alfredo Pasta Yogurt Fruit Parfait Mediterranean Chickpea Salad Celery & Cucumber Cup w/ Ranch	Chicken or Vegetarian Burrito Grilled Cheese 'Dilla w/ Pico de Gallo Bean and Cheese Pupusa Cheese and Crackers Snack Pack Baby Carrots / Suzie's Spicy Lime Slaw	Pepperoni, Cheese or Chef's Choice Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Romaine Shaker Salad Roasted Redskin Potatoes

*Recipes created by the School Advisory **SFA**
A youth led group that collaborates with Student Nutrition to reimagine the school dining experience.

PRICING
Student Meal: \$3
Teacher Meal: \$4

Water \$1
Fruit \$0.50
Milk: \$0.50

All meals come with fresh fruit & a choice of 1% or fat free milk.

All grains are whole grain rich.

Students may take a fruit and/or veggie.

If your school is participating in the Community Eligibility Provision (CEP), each student can receive one breakfast and one lunch at no cost.