



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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HAPPY NEW YEAR!

REV up your 2019! We're jazzing things up for the new year with a new look & feel. Check out our meals this month to see our new packaging!



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3	4
<ul style="list-style-type: none"> Cinnamon Chex & Honey Grahams Cheerios & Educational Snacks Mighty Meaty Deli Combo Sandwich Sunbutter Jelly Sandwich (V) <ul style="list-style-type: none"> Diced Carrots 	<ul style="list-style-type: none"> Blueberry Bagel w/Cream Cheese Breakfast Cinnamon Crumble Mongolian Beef w/Rice Scoops w/Green Chicken & Green Chile Cheese Dip Cheese Ravioli (V) <ul style="list-style-type: none"> Corn 	<ul style="list-style-type: none"> Mini French Toast Muffin & String Cheese Zac Omega Strawberry Bar (DF) Chicken Tamale (DF) Pancakes & Omelet (V) <ul style="list-style-type: none"> Green Beans 	<ul style="list-style-type: none"> Dipperdoodle Bar (DF) Plain Bagel w/Cream Cheese *NEW* Ranchero Chicken con Queso Bake Lone Star BBQ Chicken Sandwich Cheese Lasagna (V) <ul style="list-style-type: none"> Chopped Lettuce w/Ranch 	<ul style="list-style-type: none"> Yogurt & Educational Snacks Corn Chex Cereal & Educational Snacks Pasta w/Turkey Beef Bolognese Chicken Sausage and Cheddar Eggel Sandwich Pasta Alfredo (V) <ul style="list-style-type: none"> Corn
<ul style="list-style-type: none"> Dipperdoodle Bar (DF) Cheerios Cereal & Zac Attack Apple Bar (DF) Chicken Potstickers w/Rice Oven Roasted Chicken Sandwich (DF) Cheese Pizza (V) <ul style="list-style-type: none"> Green Peas 	<ul style="list-style-type: none"> Mini Lemon Muffin & String Cheese String Cheese & Cinnamon Grahams Chicken Quesadilla Fiesta Scoops w/Three Layer Dip (V) <ul style="list-style-type: none"> Pinto Beans 	<ul style="list-style-type: none"> Breakfast Cinnamon Crumble Blueberry Bagel w/Cream Cheese Chicken Taco Trio Cheese Pizza (V) <ul style="list-style-type: none"> Diced Carrots 	<ul style="list-style-type: none"> Mini Bagels w/Grape Jam & Hard-Boiled Egg (VG) Yogurt & Granola Orange Chicken w/Rice (DF) Chicken Tamale (DF) Italian Calzone (V) <ul style="list-style-type: none"> Broccoli & Carrot Salad 	<ul style="list-style-type: none"> Corn Chex & Zac Attack Strawberry Bar (DF) Blueberry Muffin Chicken Enchiladas Turkey and Cheese Flatbread Sandwich Cheese Panada Pie (V) <ul style="list-style-type: none"> Green Beans w/Ranch
21	<ul style="list-style-type: none"> Dipperdoodle Bar (DF) Corn chex & Educational Snacks Flame Broiled all Beef Cheeseburger Flame Broiled all Beef Burger (DF) Veggie Calzone (V) <ul style="list-style-type: none"> Chopped Lettuce w/Ranch 	<ul style="list-style-type: none"> Banana Muffin Plain Bagel w/Cream Cheese Chicken Gumbo & Cornbread Tomato Curry w/Grilled Chicken Pancakes & Omelet (V) <ul style="list-style-type: none"> Green Beans 	<ul style="list-style-type: none"> Mini French Toast Muffin & String Cheese Zac Omega Strawberry Bar (DF) *NEW* Ranchero Chicken con Queso Bake Scoops w/Black Bean & Green Chile Cheese Dip (V) <ul style="list-style-type: none"> Pinto Beans 	<ul style="list-style-type: none"> Yogurt & Honey Grahams Blueberry Bagel w/Cream Cheese Buffalo Chicken Crunchadilla Bean Cheese Burrito (V) <ul style="list-style-type: none"> Baby Carrots
<ul style="list-style-type: none"> Corn Chex & Mini Dipperdoodle Bar (DF) Zac Omega Strawberry Bar (DF) Chicken Taco Trio Cheese Lasagna (V) <ul style="list-style-type: none"> Diced Carrots 	<ul style="list-style-type: none"> Plain Bagel w/Cream Cheese Breakfast Cinnamon Crumble General Tso Chicken w/Rice Cheese Ravioli (V) <ul style="list-style-type: none"> Corn 	<ul style="list-style-type: none"> MultiGrain Cheerios & Educational Snacks *NEW* Mini Lemon Muffin & String Cheese Orange Chicken w/Rice (DF) Pepper Jack All Beef Cheeseburger Scoops w/Black Bean & Green Chile Cheese Dip (V) <ul style="list-style-type: none"> Broccoli w/Ranch 	<ul style="list-style-type: none"> Yogurt & Granola Blueberry Bagel w/Cream Cheese Kickin' Chicken Alfredo Cheese Enchiladas (V) <ul style="list-style-type: none"> Green Beans 	

This institution is an equal opportunity provider.

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.

JANUARY LUNCH PRE-K