



JUNE Breakfast After the Bell

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • Cinnamon Chex Cereal & Zac Attack Strawberry Bar (DF) • Yogurt & Educational Snacks	4 • Blueberry Bagel w/Cream Cheese • Breakfast Cinnamon Crumble	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

DID YOU KNOW?

Start your day off right by eating a healthy breakfast!

Studies show students who eat breakfast have improved cognitive function, attention, and memory, which lead to better math and reading scores, attendance and punctuality.

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily.

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.