



MAY Cold Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 • Corn Chex & Educational Snack	2 • Blueberry Bagel w/Cream Cheese	3 • French Toast Muffin
6 • Yogurt & Granola	7 • Blueberry Muffin	8 • Cold Pancake Peach Bowl	9 • Breakfast Cinnamon Crumble	10 • Blueberry Bagel w/Cream Cheese
13 • Zee Zees Cinnamon Crisp Bar (DF)	14 • French Toast Muffin	15 • Corn Chex Cereal & Mini Dipperdoodle Bar (DF)	16 • Mini Bagels w/Grape Jam & Hard Boiled Cage Free Egg	17 • Mini Lemon Muffin & String Cheese
20 • Cinnamon Chex Cereal & Zac Attack Strawberry Bar (DF)	21 • Blueberry Bagel w/Cream Cheese	22 • Blueberry Muffin	23 • Plain Bagel w/Cream Cheese	24 • Cheerios Cereal & Animal Crackers
27 • Holiday	28 • Zee Zees Cinnamon Crisp Bar (DF)	29 • Blueberry Bagel w/Cream Cheese	30 • Yogurt & Cinnamon Grahams	31 • Plain Bagel w/Cream Cheese

DID YOU KNOW?

Start your day off right by eating a healthy breakfast!

Studies show students who eat breakfast have improved cognitive function, attention, and memory, which lead to better math and reading scores, attendance and punctuality.

Breakfast : choice of 1% or fat-free milk; fresh fruit served daily.

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.