



**MAY Hot Breakfast**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 • Chicken Sausage & Omelet Gordita	2 • Egg and Sausage Quesadilla	3 • Pancakes w/Syrup
6 • Mini Cheese Omelet w/French Toast Sticks	7 • Sausage & Cheddar Biscuit	8 • Hot Pancake Peach Bowl	9 • Cornbread, Sausage & Egg	10 • Smothered Egg & Turkey Sausage Breakfast Burrito
13 • Omelet w/Cheese	14 • French Toast Sticks	15 • Chicken Sausage & Cheddar Eggel Sandwich	16 • Ranchero Breakfast Burrito	17 • Breakfast Ranchero Scramble w/Scoops
20 • Pancakes w/Syrup	21 • Omelet w/Cheese	22 • Hot Pancake Strawberry Bowl	23 • Cornbread & Egg Omelet	24 • Sausage and Cheddar Biscuit
27 • Holiday	28 • Zee Zees Cinnamon Crisp Bar (DF)	29 • Omelet w/Cheese	30 • Pancakes w/Syrup	31 • Ranchero Breakfast Burrito

**DID YOU KNOW?**

Start your day off right by eating a healthy breakfast!

Studies show students who eat breakfast have improved cognitive function, attention, and memory, which lead to better math and reading scores, attendance and punctuality.

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served.

We'd love to hear from you! Email SFUSD Student Nutrition Services at [schoollunch@sfusd.edu](mailto:schoollunch@sfusd.edu) with any questions, comments or concerns about the meal program.