



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAY Breakfast After the Bell

		1 <ul style="list-style-type: none"> Corn Chex & Educational Snack Zac Omega Strawberry Bar 	2 <ul style="list-style-type: none"> Blueberry Bagel w/Cream Cheese Breakfast Cinnamon Crumble 	3 <ul style="list-style-type: none"> Cinnamon Chex Cereal & Educational Snacks French Toast Muffin
6 <ul style="list-style-type: none"> Zac Omega Strawberry Bar Yogurt & Granola 	7 <ul style="list-style-type: none"> Blueberry Muffin String Cheese & Cinnamon Grahams 	8 <ul style="list-style-type: none"> Plain Bagel w/Cream cheese Cold Pancake Peach Bowl 	9 <ul style="list-style-type: none"> Breakfast Cinnamon Crumble Cheerios Cereal & Zac Attach Apple Bar 	10 <ul style="list-style-type: none"> Yogurt & Honey Grahams Blueberry Bagel w/Cream Cheese
13 <ul style="list-style-type: none"> Zee Zees Cinnamon Crisp Bar (DF) Multi Grain Cheerios Cereal & Educational Snacks 	14 <ul style="list-style-type: none"> French Toast Muffin Blueberry Bagel w/Cream Cheese 	15 <ul style="list-style-type: none"> Corn Chex Cereal & Mini Dipperdoodle Bar (DF) Breakfast Cinnamon Crumble 	16 <ul style="list-style-type: none"> Mini Bagels w/Grape Jam & Hard Boiled Cage-Free Egg Yogurt & Educational Snacks 	17 <ul style="list-style-type: none"> Mini Lemon Muffin & String Cheese Cold Pancake Strawberry Bowl
20 <ul style="list-style-type: none"> Cinnamon Chex Cereal & Zac Attack Strawberry Bar (DF) Yogurt & Granola 	21 <ul style="list-style-type: none"> Blueberry Bagel w/Cream Cheese Zac Omega Strawberry Bar (DF) 	22 <ul style="list-style-type: none"> Yogurt & Cinnamon Grahams Blueberry Muffin 	23 <ul style="list-style-type: none"> Plain Bagel w/Cream Cheese Dipperdoodle Bar (DF) 	24 <ul style="list-style-type: none"> French Toast Muffin Cheerios Cereal & Animal Crackers
27 <ul style="list-style-type: none"> Holiday 	28 <ul style="list-style-type: none"> Corn Chex Cereal & Educational Snacks Zee Zees Cinnamon Crisp Bar (DF) 	29 <ul style="list-style-type: none"> Blueberry Bagel w/Cream Cheese Cold Pancake Peach Bowl 	30 <ul style="list-style-type: none"> Yogurt & Cinnamon Grahams Breakfast Cinnamon Crumble 	31 <ul style="list-style-type: none"> Plain Bagel w/Cream Cheese Blueberry Muffin

DID YOU KNOW?

Start your day off right by eating a healthy breakfast!

Studies show students who eat breakfast have improved cognitive function, attention, and memory, which lead to better math and reading scores, attendance and punctuality.

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.