



# NOVEMBER

MON	TUE	WED	THU	FRI
			1 Autumn Spice Muffin  Chicken Fajita Burrito Chicken Teriyaki w/Rice (DF) Cheese Tamale (V) Pinto Beans	2 Yogurt/Granola  Turkey and Cheese Flatbread Chicken Enchiladas Cheese Enchiladas (V) Chili Citrus Corn
5 Cinnamon Chex Cereal/Zac Attack Apple Bar (DF)  Jerk Chicken Drumstick Chicken Quesadilla Cheesy Ravioli (V) Baby Carrots	6 Cheesy Bagel Sandwich  Buffalo Chicken Sandwich All Beef Hot Dog (DF) Rainbow Veggie Calzone(V) Coleslaw	7 French Toast/String Chz  Chicken Gumbo & Cornbread Pancakes w/ Omelet (V) Rainbow Veggie Pizza (V) Corn	8 Plain Bagel w/Cream Chz  Cheeseburger Beef Burger (DF) Fiesta Scoops w/Three Layer Dip (V) Chopped Lettuce w/Ranch	9 Breakfast Crumble  BBQ Beef Flatbread Melt Pasta w/Turkey Beef Bolognese Pasta Alfredo (V) Pinto Beans
12 Veterans Day	13 Apple Crisp Granola Cereal (DF)  *NEW* Kung Pao Chicken Chicken Taco Trio Cheese Lasagna (V) Corn	14 Mini Bagels & Boiled Egg*  Oven Roasted Chicken Sandwich (DF) Chicken Potstickers Cheese Pizza (V) Chopped Lettuce/Ranch	15 Autumn Spice Muffin  Roasted Turkey and Stuffing (DF) Chicken Enchiladas Cheese Enchiladas (V) Mashed Yams	16 Dipperdoodle Bar (DF)  Chicken Tamale (DF) All Beef Hot Dog (DF) Bean and Cheese Quesadilla (V) Seasoned Green Beans
19 Thanksgiving Recess	20 Thanksgiving Recess	21 Thanksgiving Recess	22 Thanksgiving Recess	23 Thanksgiving Recess
26 Cinn Chex Cereal/Grahams  Chili Citrus Chxn Drumstick (DF) Pancakes w/Omelet (V) Rainbow Veggie Pizza (V) Baby Carrots	27 Plain Bagel w/Cream Cheese  Mac Cheese/BBQ Chxn All Beef Hot Dog (DF) Bean/Cheese Burrito (V) Chili Citrus Corn	28 French Toast Muffins/ String Cheese  Cheeseburger Beef Burger (DF) Cheese Pizza (V) Chopped Lettuce w/Ranch	29 Cinnamon Vanilla Crunch Granola Cereal  Steak Fajita w/Beans/Corn Turkey Meatball Sub Spaghetti Marinara (V) Seasoned Green Beans	30 Yogurt/Granola  Chicken Sausage and Cheddar Sandwich Chicken Alfredo Cheese Calzone (V) Pinto Beans

## DAILY REFRESH SPECIALS FROM THE CAFÉ

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week A</b>	California Beef Hotdog Teriyaki Meatball/Rice Bowl Yogurt Fruit Parfait Baked Beans	*Rogeli's Chicken Alfredo Pasta Roasted Caprese Salad Granola Bar Snack Pack CherryTomato/Cucumber Salad	Turkey Pesto Melt BBQ Drumstick & Cornbread Yogurt Parfait Tomato Soup	Chicken or Vegetarian Burrito Bean & Cheese Pupusa Bean Dip Snack Pack Suzie's Lime Slaw	Pepperoni or Cheese Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Spinach Shaker Salad
<b>Week B</b>	California Beef Hotdog Chicken Caesar Salad Yogurt Fruit Parfait Shredded Carrot Salad	*Rogeli's Chicken Alfredo Pasta *Rogeli's Cheesy Alfredo Pasta Spicy Beef Flatbread Tacos Granola Bar Snack Pack Creamy Sriracha Slaw	Turkey or Cheese Deli Sandwich BBQ Drumstick & Dinner Roll Yogurt Fruit Parfait Tomato Soup	Chicken or Vegetarian Burrito Chicken Tamale Plate Bean Dip Snack Pack Suzie's Lime Slaw	Pepperoni or Cheese Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Spinach Shaker Salad

\*Recipes created by the School Advisory **SFAO**  
A youth led group that collaborates with Student Nutrition to reimagine the school dining experience.

**PRICING**  
Student Meal: \$3  
Teacher Meal: \$4

Water \$1  
Fruit \$0.50  
Milk: \$0.50

All meals come with Fresh Fruit & choice of Milk. Students must take a Fruit or Veggie. If your school is participating in the Community Eligibility Provision (CEP), each student can receive one breakfast and one lunch at no cost.