

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

m

LUNCH
Elementary School

			1	2
			<ul style="list-style-type: none"> • Chicken Fajita Burrito • Chicken Teriyaki w/Rice (DF) • Cheese Tamale (V) <ul style="list-style-type: none"> ◦ Pinto Beans 	<ul style="list-style-type: none"> • Turkey and Cheese Flatbread • Chicken Enchiladas • Cheese Enchiladas (V) <ul style="list-style-type: none"> ◦ Chili Citrus Corn
5	6	7	8	9
<ul style="list-style-type: none"> • Jerk Chicken Drumstick w/ Rice • Chicken Quesadilla • Cheesy Ravioli (V) <ul style="list-style-type: none"> ◦ Baby Carrots 	<ul style="list-style-type: none"> • Buffalo Chicken Sandwich • All Beef Hot Dog (DF) • *NEW* Rainbow Veggie Calzone (V) <ul style="list-style-type: none"> ◦ Coleslaw 	<ul style="list-style-type: none"> • Chicken Gumbo & Cornbread • Breakfast For Lunch: Pancakes w/ Omelet (V) • Rainbow Veggie Pizza (V) <ul style="list-style-type: none"> ◦ Corn 	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Flame Broiled Beef Burger (DF) • Fiesta Scoops w/Three Layer Dip (V) <ul style="list-style-type: none"> ◦ Chopped Lettuce w/Ranch 	<ul style="list-style-type: none"> • BBQ Beef Flatbread Melt • Pasta w/Turkey Beef Bolognese • Pasta Alfredo (V) <ul style="list-style-type: none"> ◦ Pinto Beans
12	13	14	15	16
<ul style="list-style-type: none"> • Holiday 	<ul style="list-style-type: none"> • *NEW* Kung Pao Chicken • Chicken Taco Trio • Cheese Lasagna (V) <ul style="list-style-type: none"> ◦ Corn 	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Chicken Potstickers w/Rice (DF) • Cheese Pizza (V) <ul style="list-style-type: none"> ◦ Chopped Lettuce with Ranch 	<ul style="list-style-type: none"> • Roasted Turkey and Stuffing (DF) • Chicken Enchiladas • Cheese Enchiladas (V) <ul style="list-style-type: none"> ◦ Mashed Yams 	<ul style="list-style-type: none"> • Chicken Tamale (DF) • All Beef Hot Dog (DF) • Bean and Cheese Quesadilla (V) <ul style="list-style-type: none"> ◦ Seasoned Green Beans
19	20	21	HAPPY THANKSGIVING! 22	23
26	27	28	29	30
<ul style="list-style-type: none"> • Chili Citrus Chicken Drumstick (DF) • Breakfast for Lunch: Pancakes w/Omelet (V) • Rainbow Veggie Pizza (V) <ul style="list-style-type: none"> ◦ Baby carrots 	<ul style="list-style-type: none"> • Baked Mac Cheese and BBQ Chicken Combo • All Beef Hot Dog (DF) • Bean and Cheese Burrito (V) <ul style="list-style-type: none"> ◦ Chili Citrus Corn 	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Flame Broiled Beef Burger (DF) • Cheese Pizza (V) <ul style="list-style-type: none"> ◦ Chopped Lettuce w/Ranch 	<ul style="list-style-type: none"> • *NEW* Steak Fajita w/Beans and Corn • Hot Beef-Turkey Meatball Sub • Spaghetti Marinara (V) <ul style="list-style-type: none"> ◦ Seasoned Green Beans 	<ul style="list-style-type: none"> • Chicken Sausage and Cheddar Sandwich • Chicken Alfredo • Cheese Calzone (V) <ul style="list-style-type: none"> ◦ Pinto Beans

DID YOU KNOW?

Nearly 95% of Americans eat turkey on Thanksgiving. Turkey has more protein, ounce per ounce, than chicken or beef!



Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

Cage Free Egg Meals indicated (*)

- **Vegetable** of the day

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoollunch@sfusd.edu with any questions, comments or concerns about the meal program.