



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH Elementary School

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> • Turkey & Cheddar Flatbread • Chicken Sausage & Cheese Eggel Sandwich • Pasta Alfredo w Yogurt (V) ○ Baby Carrots w Ranch 	<p>2</p> <ul style="list-style-type: none"> • Mac & Cheese w BBQ Chicken • Chicken Tamale • Cheesy Ravioli (V) ○ Pinto Beans 	<p>3</p> <ul style="list-style-type: none"> • Chicken Potstickers w Rice (DF) • All-Beef Hot Dog (DF) • Bean & Cheese Pupusa (V) ○ Coleslaw 	<p>4</p> <ul style="list-style-type: none"> • Chicken Taco Trio • Turkey & Beef Meatball Sub • Cheese Pizza (V) ○ Chili Citrus Corn 	<p>5</p> <ul style="list-style-type: none"> • Jumbo Turkey & Beef Caribbean Meatball (DF) • Buffalo Chicken Quesadilla • Pancake w Omelet (V) ○ Broccoli
<p>8</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>9</p> <ul style="list-style-type: none"> • All-Beef Hot Dog (DF) • Cheesy Chicken Quesadilla • Cheese Tamale (V) ○ Orangy Carrots 	<p>10</p> <ul style="list-style-type: none"> • Chili Citrus Chicken Drumstick (DF) • Firecracker Chicken w Sesame Noodles • Rainbow Veggie Pizza (V) ○ Corn 	<p>11</p> <ul style="list-style-type: none"> • Flamebroiled All-Beef Pepperjack Cheeseburger • Flamebroiled All-Beef Hamburger (DF) • Lasagna (V) ○ Lettuce w Ranch 	<p>12</p> <ul style="list-style-type: none"> • Turkey & Cheddar Flatbread • Chicken Teriyaki (DF) • Pasta Alfredo w Yogurt (V) ○ Green Beans
<p>15</p> <ul style="list-style-type: none"> • Chicken Taco Trio • Pancakes w/ Chicken Sausage • Spaghetti Marinara (V) ○ Chili Citrus Corn 	<p>16</p> <ul style="list-style-type: none"> • All-Beef Hot Dog (DF) • Bean & Cheese Pupusa (V) • Cheese Pizza (V) ○ Lettuce w Ranch 	<p>17</p> <ul style="list-style-type: none"> • Scoops w Chicken & Chile Cheese Dip • Chicken Gumbo w Cornbread (DF) • Italian Calzoni (V) ○ Baby Carrots 	<p>18</p> <ul style="list-style-type: none"> • Grilled Chicken Bites w BBQ Baked Beans (DF) • Jerk Chicken Drumstick (DF) • Mac & Cheese w Baked Beans (V) ○ Cucumber Tomato Salad 	<p>19</p> <ul style="list-style-type: none"> • BBQ Beef Flatbread • Pasta w Turkey Beef Bolognese • Pasta Alfredo w Yogurt (V) ○ Pinto Beans
<p>22</p> <ul style="list-style-type: none"> • Spicy Chicken Chorizo & Cheese Eggel Sandwich • Chicken Alfredo • Cheese Pizza Calzoni (V) ○ Green Beans 	<p>23</p> <ul style="list-style-type: none"> • BBQ Chicken w Cheesy Rice • Fiesta Scoops w Bean & Cheese 3 Layer Dip (V) • Pancake w Omelet (V) ○ Pinto Beans 	<p>24</p> <ul style="list-style-type: none"> • Spaghetti & Turkey Beef Meatballs (DF) • BBQ Chicken Sandwich • Cheese Tamale (V) ○ Orangy Carrots 	<p>25</p> <ul style="list-style-type: none"> • Mac & Cheese w BBQ Chicken • Buffalo Chicken Quesadilla • Cheesy Ravioli (V) ○ Corn 	<p>26</p> <ul style="list-style-type: none"> • Flamebroiled All-Beef Cheeseburger • Flamebroiled All-Beef Hamburger (DF) • Bean & Cheese Pupusa (V) ○ Lettuce w Ranch
<p>29</p> <ul style="list-style-type: none"> • Chicken Taco Trio • Mac & Cheese w Chicken Sausage • Lasagna (V) ○ Baby Carrots 	<p>30</p> <ul style="list-style-type: none"> • Grilled Chicken Bites w BBQ Baked Beans (DF) • BBQ Chicken Drumstick (DF) • Bean & Cheese Quesadilla (V) ○ Broccoli Carrot Salad 	<p>31</p> <ul style="list-style-type: none"> • Chicken Potstickers w Rice (DF) • All-Beef Hot Dog (DF) • Cheese Pizza (V) ○ Coleslaw 		

CELEBRATE NATIONAL SCHOOL LUNCH WEEK!

October 15-19 is National School Lunch Week – what do you love most about school lunch? Is it trying new food? Getting to share a meal with friends?



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day