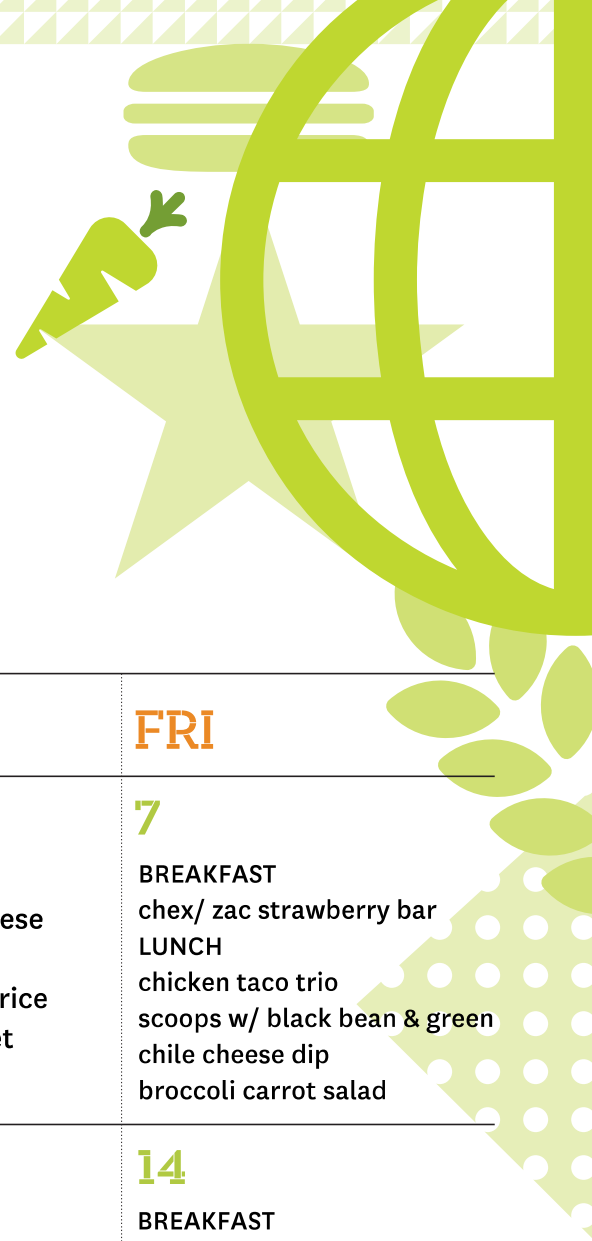


SEPTEMBER



MON	TUE	WED	THU	FRI
3 LABOR DAY	4 BREAKFAST pancakes w/ syrup LUNCH beef hot dog hummus dippers baby carrots w/ ranch	5 BREAKFAST cinnamon crumble LUNCH chicken potstickers cheese pizza seasoned green beans	6 BREAKFAST bagel w/ cream cheese LUNCH chicken teriyaki w/ rice pancakes w/ omelet chili citrus corn	7 BREAKFAST chex/ zac strawberry bar LUNCH chicken taco trio scoops w/ black bean & green chile cheese dip broccoli carrot salad
10 BREAKFAST yogurt / granola LUNCH flame broiled beef cheeseburger cheese pizza coleslaw	11 BREAKFAST string cheese / cinnamon grahams LUNCH pancakes w/ sausage five cheese lasagna broccoli w/ ranch	12 BREAKFAST blueberry burst bagel w/ cream cheese LUNCH chili citrus drumstick/rice rainbow veggie pizza pinto beans	13 BREAKFAST banana muffin LUNCH creamy chicken alfredo cheese pizza orangy carrots	14 BREAKFAST cheerios / mini dipper bar LUNCH beef hot dog baked mac & cheese w/ bbq baked beans corn
17 BREAKFAST corn chex/ mini dipper bar LUNCH flame broiled beef cheeseburger bean & cheese pupusa baby carrots	18 BREAKFAST bagel w/ cream cheese LUNCH chicken taco trio spaghetti w/ marinara chili citrus corn	19 BREAKFAST cheerio/zac strawberry bar LUNCH scoops w/ chicken & green chile cheese dip rainbow veggie pizza cucumber tomato salad	20 BREAKFAST apple cinnamon muffin & hardboiled egg LUNCH bbq beef flatbread melt creamy pasta alfredo pinto beans	21 BREAKFAST zac omega blackberry bar LUNCH beef hot dog mama's tamale (mild green chile & cheese) lettuce w/ ranch
24 BREAKFAST cheerios / zac apple bar LUNCH spicy chicken chorizo & cheese egg sandwich cheese pizza calzone seasoned green beans	25 BREAKFAST blueberry muffin LUNCH uncle ted's bbq chicken drumstick w/ cheesy rice Italian calzoni orangy carrots	26 BREAKFAST bagel w/ cream cheese LUNCH spaghetti & meatballs five cheese lasagna pinto beans	27 BREAKFAST banana muffin LUNCH chicken w/ bbq beans fiesta scoops w/ 3 layer dip corn	28 BREAKFAST yogurt / granola LUNCH hot dog cheese tamale lettuce & tomatoes w/ ranch

DAILY REFRESH SPECIALS FROM THE CAFÉ

*Recipes created by the School Advisory **SFA**
 A youth led group that collaborates with Student Nutrition
 to reimagine the school dining experience.

California Beef Hotdog Teriyaki Meatball/Rice Bowl Yogurt Fruit Parfait Baked Beans	*Rogeli's Chicken Alfredo Pasta Roasted Caprese Salad Granola Bar Snack Pack CherryTomato/Cucumber Salad	Turkey Pesto Melt BBQ Drumstick & Cornbread Yogurt Parfait Tomato Soup	Chicken or Vegetarian Burrito Bean & Cheese Pupusa Bean Dip Snack Pack Suzie's Lime Slaw	Pepperoni or Cheese Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Spinach Shaker Salad
California Beef Hotdog Chicken Caesar Salad Yogurt Fruit Parfait Shredded Carrot Salad	*Rogeli's Chicken Alfredo Pasta *Rogeli's Cheesy Alfredo Pasta Spicy Beef Flatbread Tacos Granola Bar Snack Pack Creamy Sriracha Slaw	Turkey or Cheese Deli Sandwich BBQ Drumstick & Dinner Roll Yogurt Fruit Parfait Tomato Soup	Chicken or Vegetarian Burrito Chicken Tamale Plate Bean Dip Snack Pack Suzie's Lime Slaw	Pepperoni or Cheese Pizza Cheeseburger or Hamburger Yogurt Fruit Parfait Spinach Shaker Salad

PRICING

Student Meal: \$3
Teacher Meal: \$4

Water \$1
Fruit \$0.50
Milk: \$0.50

All meals come with Fresh Fruit & choice of Milk.
 Students must take a Fruit or Veggie.
 If your school is participating in the Community
 Eligibility Provision (CEP), each student can
 receive one breakfast and one lunch at no cost.