

# SEPTEMBER COLD BREAKFAST

## BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Learn more about us on our **\*new\*** website at [revolutionfoods.com](http://revolutionfoods.com)!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily.

**KEY**  
Dairy-free (DF) and vegetarian (V)

**revolution** foods.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|  |  |  |  |  |
|--|--|--|--|--|
| 3  | 4<br>cheerios / mini dipperdoodle bar  | 5<br>cinnamon crumble                                      | 6<br>bagel w/ cream cheese                       | 7<br>corn chex/ zac attack strawberry (DF) |
| 10<br>yogurt / granola                       | 11<br>string cheese / cinnamon grahams | 12<br>blueberry burst bagel w/ cream cheese                | 13<br>banana muffin                              | 14<br>cheerios / mini dipperdoodle bar     |
| 17<br>corn chex / mini dipperdoodle bar (DF) | 18<br>bagel w/ cream cheese            | 19<br>multigrain cheerios / zac attack strawberry bar (DF) | 20<br>apple cinnamon muffin & hardboiled egg (V) | 21<br>zac omega blackberry bar (DF)        |
| 24<br>cheerios / zac attack apple bar (DF)   | 25<br>blueberry muffin                 | 26<br>bagel w/ cream cheese                                | 27<br>banana muffin                              | 28<br>yogurt / granola                     |

This institution is an equal opportunity provider.  
All cold breakfast items are vegetarian.