

COLD SEPTEMBER SUPPER

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Learn more about us on our *new* website at revolutionfoods.com!

Supper: choice of 1% or fat free milk; fresh fruit available daily.

Vegetarian (V) options available daily - if not listed on the menu, available upon request.

revolution foods.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7

sesame chicken wrap (DF)
cinnamon grahams/sunbutter/string cheese/celery

chicken Caesar wrap
gold fish pretzels/string cheese/sun seeds/carrots

garden ranch salad w/ chicken
educational snacks/sun seeds/string cheese/carrots

egg salad sandwich (V)(DF)
hot & spicy gold fish/string cheese/sun seeds/carrots

10

11

12

13

14

chicken salad sandwich (DF)
cheddar gold fish/sun seeds/string cheese/carrots

buffalo chicken flatbread chef kit
honey wheat crackers/sunbutter/string cheese/celery

mighty meaty turkey deli sandwich
ranch rum bles/string cheese/sun seeds/carrots

cheddar cheese sandwich (V)
gold fish pretzels/string cheese/sun seeds/carrots

bbq chicken wrap
educational snacks/sun seeds/string cheese/carrots

17

18

19

20

21

chicken salad sandwich (DF)
ranch rum bles/string cheese/sun seeds/carrots

bbq chicken slider
educational snacks/sun seeds/string cheese/carrots

island chicken flatbread
cheddar gold fish/sun seeds/string cheese/carrots

chicken Caesar salad
honey wheat crackers/sunbutter/string cheese/celery

southwest veggie wrap (V)
cinnamon grahams/sunbutter/string cheese/celery

24

25

26

27

28

teriyaki glazed chicken sandwich
educational snacks/sun seeds/string cheese/carrots

mighty meaty turkey deli sandwich
gold fish pretzels/string cheese/sun seeds/carrots

honey mustard chicken wrap
cheese slider/cucumbers (V)

cheddar cheese sandwich (V)
cheddar gold fish/sun seeds/string cheese/carrots

veggie taco salad (V)
honey wheat crackers / sunbutter/string cheese/celery