

Elementary SEPTEMBER LUNCH

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- o **Vegetable** of the day

revolution foods.
revolutionfoods.com

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p>	<p>4</p> <p>all-beef hot dog (DF) cheesy ravioli (V) buffalo chicken crunchadilla</p> <p>baby carrots w/ ranch</p>	<p>5</p> <p>chicken potstickers w/ not so fried rice cheese pizza (V) bean & cheese pupusa (V)</p> <p>seasoned green beans</p>	<p>6</p> <p>chicken teriyaki w/ rice (DF) pancakes w/ omelet (V) pepperjack flamebroiled all-beef cheese burger</p> <p>chili citrus corn</p>	<p>7</p> <p>chicken taco trio scoops w/ black bean & green chile cheese dip (V) bbq chicken sandwich</p> <p>broccoli carrot salad</p>
<p>10</p> <p>flamebroiled all-beef cheeseburger cheese pizza (V) flamebroiled all-beef hamburger (DF)</p> <p>coleslaw</p>	<p>11</p> <p>pancakes w/ chicken sausage five cheese lasagna (V) Hawaiian turkey & beef meatballs w/ island style rice</p> <p>broccoli w/ ranch</p>	<p>12</p> <p>chili citrus chicken drumstick w/ rice (DF) rainbow veggie pizza (V) scoops w/ chicken & green chile cheese dip</p> <p>pinto beans</p>	<p>13</p> <p>creamy chicken alfredo cheese pizza (V) spicy chicken chorizo & cheese eggel sandwich</p> <p>orangy carrots</p>	<p>14</p> <p>all-beef hot dog (DF) mac & cheese w/ bbq baked beans general tso's chicken</p> <p>corn</p>
<p>17</p> <p>flamebroiled all-beef cheeseburger bean & cheese pupusa (V) flamebroiled all-beef hamburger (DF)</p> <p>baby carrots</p>	<p>18</p> <p>chicken taco trio spaghetti w/ marinara (V) bbq chicken sandwich</p> <p>chili citrus corn</p>	<p>19</p> <p>scoops w/ chicken & green chile cheese dip rainbow veggie pizza (V) chicken teriyaki w/ brown rice (DF)</p> <p>cucumber tomato salad</p>	<p>20</p> <p>bbq beef flatbread melt creamy pasta alfredo (V) pasta w/ beef bolognese</p> <p>pinto beans</p>	<p>21</p> <p>all-beef hot dog (DF) cheese tamale w/ mild green chile (V) cheesy ravioli (V)</p> <p>lettuce w/ ranch</p>
<p>24</p> <p>spicy chicken chorizo & cheese eggel sandwich cheese pizza calzone (V) chicken enchiladas</p> <p>seasoned green beans</p>	<p>25</p> <p>bbq chicken drumstick w/ cheesy rice Italian cheese calzoni (V) firecracker chicken w/ sesame noodles</p> <p>orangy carrots</p>	<p>26</p> <p>spaghetti & turkey-beef meatballs (DF) five cheese lasagna (V) pancakes w/ chicken sausage</p> <p>pinto beans</p>	<p>27</p> <p>grilled chicken w/ bbq beans (DF) fiesta scoops w/ three layer dip (V) general tso's chicken</p> <p>corn</p>	<p>28</p> <p>flamebroiled all-beef cheeseburger cheese pizza (V) flamebroiled all-beef hamburger (DF)</p> <p>lettuce w/ ranch</p>

We'd love to hear from you! Email SFUSD Student Nutrition Services at schoolunch@sfusd.edu with any questions, comments or concerns about the meal program.

This institution is an equal opportunity provider.