

HOT & COLD SEPTEMBER SUPPER

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about.

What's your new goal?



Learn more about us on our *new* website at revolutionfoods.com!

Supper: choice of 1% or fat free milk; fresh fruit available daily.

Dairy-free (DF) and Vegetarian (V) options available daily - if not listed on the menu, available upon request.

revolution foods.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7

cheese tamale (V)

*cinnamon
grahams/sunbutter/string
cheese/celery*

cheeseburger

*goldfish pretzels/string
cheese/sun seeds/ carrots*

lasagna (V)

*educational snacks/sun
seeds/string cheese/carrots*

mac & cheese w/ chicken
sausage

*hot & spicy goldfish/string
cheese/sun seeds/ carrots*

10

chicken teriyaki w/
brown rice (DF)

*cheddar goldfish/sun
seeds/string cheese/carrots*

11

cheese pizza (V)

*honey wheat
crackers/sunbutter/string
cheese/celery*

12

spaghetti & beef
meatballs (DF)

*ranch rumbles/string
cheese/sun seeds/carrots*

13

beef hot dog (DF)

*goldfish pretzels/string
cheese/sun seeds/ carrots*

14

chicken taco trio

*educational snacks/sun
seeds/string cheese/ carrots*

17

grilled chicken w/ bbq
bean sauce (DF)

*ranch rumbles/string cheese/
sun seeds/ carrots*

18

five cheese lasagna (V)

*educational snacks/sun
seeds/string cheese/ carrots*

19

beef hot dog (DF)

*cheddar goldfish/sun
seeds/string cheese/ carrots*

20

bbq chicken drumstick

*honey wheat
crackers/sunbutter/string
cheese/celery*

21

mac & cheese (V)

*cinnamon
grahams/sunbutter/string
cheese/celery*

24

cheesy ravioli (V)

*educational snacks/sun
seeds/string cheese/carrots*

25

chicken taco trio

*goldfish pretzels/string
cheese/sun seeds/carrots*

26

cheese pizza calzone (V)

cheese slider / cucumbers (V)

27

beef hot dog (DF)

*cheddar goldfish/sun
seeds/string cheese/carrots*

28

creamy chicken alfredo

*honey wheat
crackers/sunbutter/string
cheese/celery*