

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Learn more about us on our *new* website at [revolutionfoods.com!](http://revolutionfoods.com)

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily.

KEY

Dairy-free (DF) and vegetarian (V)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 multigrain cheerios / mini dipperdoodle bar (DF) zac omega blackberry bar (DF)	5 cinnamon crumble yogurt / educational snacks	6 bagel w/ cream cheese apple cinnamon muffin & hard-boiled egg	7 french toast muffin corn chex / zac attack strawberry bar (DF)
10 cinnamon chex / zac attack apple bar (DF) yogurt / granola	11 blueberry muffin dipperdoodle bar (DF)	12 blueberry burst bagel w/ cream cheese cinnamon crumble	13 banana muffin string cheese / cinnamon graham s	14 cheerios / mini dipperdoodle bar (DF) zac omega strawberry bar (DF)
17 corn chex / mini dipperdoodle bar (DF) yogurt / educational snacks	18 bagel w/ cream cheese cinnamon crumble	19 multigrain cheerios / zac attack strawberry bar (DF) french toast muffin	20 blueberry burst bagel w/ cream cheese apple cinnamon muffin & hardboiled egg	21 string cheese / cinnamon graham s zac omega blackberry bar (DF)
24 mini dipperdoodle bar / string cheese cheerios / zac attack apple bar (DF)	25 blueberry muffin yogurt / educational snacks	26 bagel w/ cream cheese zac omega blackberry bar (DF)	27 banana muffin cold cheesy bagel sandwich	28 yogurt / granola cinnamon chex / zac attack strawberry bar (DF)