



CEREMONIOUS CELEBRATIONS

The bonds of our community strengthen when we take time to reward and acknowledge one another, and our accomplishments. Not just for special occasions, but every day.

WHAT WORKS WELL

Developing creative practices for rewarding students instead of using food or beverages.

Scheduling celebrations that involve food or beverages after the lunch period, and making sure all the food and beverages meet SFUSD's nutrition guidelines.

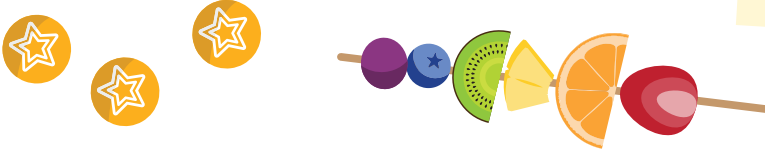
Schools should create their own traditions to uphold the Wellness Policy in ways that best celebrate the diversity of their communities.

INCENTIVES

- ✓ Stickers
- ✓ Points
- ✓ Physical activities
- ✓ Games
- ✓ Field Trips
- ✓ Books
- ✓ No-homework passes

CELEBRATIONS

- ✓ Physical activities
- ✓ Games
- ✓ Birthday recognition at assemblies
- ✓ Fruit cups
- ✓ Fruit yogurt parfaits
- ✓ Smoothies
- ✓ Vegetables and dips



WHAT DOESN'T WORK WELL

Using food and/or beverages as a reward for students' academic performance, accomplishments, or classroom behavior.

Having class parties that involve food and/or beverages before the school's lunch period.

Serving and/or selling food or beverages that do not meet SFUSD's nutrition guidelines (sfusd.edu/BeWell).



be well. do well.

THE NEW SFUSD WELLNESS POLICY

sfusd.edu/BeWell