### Preferred Meal Systems, Inc.
#### Product Specification Sheet

**Item** 13030

<table>
<thead>
<tr>
<th>Item Name</th>
<th>CRISPY CHICKEN TENDERS(WHOLE GRAIN)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brand:</td>
<td>Preferred Meal Systems, Inc.</td>
</tr>
<tr>
<td>CN Number:</td>
<td></td>
</tr>
<tr>
<td>Basis for DataSubmitted:</td>
<td>As Served</td>
</tr>
<tr>
<td>Package Size:</td>
<td>3.40 (oz) 96.39 (g)</td>
</tr>
<tr>
<td>Servings Per Package:</td>
<td>1</td>
</tr>
<tr>
<td>Weight Per Serving:</td>
<td>3.40 (oz) 96.39 (g)</td>
</tr>
<tr>
<td>Nutrients based on:</td>
<td>1 Serving</td>
</tr>
<tr>
<td>Product Composition:</td>
<td>Consists of 3.4 oz serving of Whole Grain Chicken Tenders.</td>
</tr>
<tr>
<td>Meal Contributions:</td>
<td>2.00 oz. meat/meat alternative</td>
</tr>
<tr>
<td></td>
<td>1.00 grain/bread equivalent</td>
</tr>
<tr>
<td></td>
<td>cup fruit/vegetable</td>
</tr>
<tr>
<td>Preparation Instructions:</td>
<td>Cook 18-22 minutes in a 325 degree F. oven to a minimum of 165 degrees F.</td>
</tr>
<tr>
<td>Source of Nutritional Information:</td>
<td>Ingredient suppliers and/or USDA database</td>
</tr>
</tbody>
</table>

#### NUTRIENT INFORMATION PER SERVING

- **CALORIES**: 210.0 (KCAL)
- **PROTEIN**: 16.0 (GM)
- **CARBOHYDRATES**: 13.0 (GM)
- **TOTAL FAT**: 10.5 (GM)
- **SATURATED FAT**: 1.0 (GM)
- **MonoFat**
- **PolyFat**
- **% Calories from Fat**: 45.0 (%)
- **CHOLESTEROL**: 42.0 (MG)
- **VITAMIN A**: 42.9 (RE)
- **VITAMIN C**
- **THIAMIN**: 0.0 (MG)
- **RIBOFLAVIN**: 0.0 (MG)
- **NIACIN**: 2.0 (MG)
- **CALCIUM**: 33.9 (MG)
- **IRON**: 2.0 (MG)
- **POTASSIUM**
- **PHOSPHORUS**
- **SODIUM**: 385.0 (MG)
- **Fiber**: 1.0 (GM)

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THE MARAMONT CORPORATION

BROOKLYN, NY 11220

**13030**

FULLY COOKED WHOLE GRAIN BREADED STRIP SHAPED CHICKEN BREAST PATTIES

**INGREDIENTS:** FULLY COOKED WHOLE GRAIN BREADED STRIP SHAPED CHICKEN BREAST PATTIES (breaded nugget shaped chicken breast patties) (boneless skinless chicken breast, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B-12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate and riboflavin), dried whole egg solids, salt, sugar, sodium phosphates, white pepper, onion powder and garlic powder. Breaded with: enriched whole grain flour (whole grain wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), garlic powder, onion powder, dehydrated bell pepper, natural flavor (natural extractives of paprika with soybean and/or canola oil, soy lecithin, mono- and diglycerides, natural flavor, ascorbic acid, tocopherol), spice extractives. Battered and pre-dusted with: water, bleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, spice, leavening (sodium aluminum phosphate, sodium bicarbonate, calcium carbonate, monocalcium phosphate), dehydrated bell pepper, onion powder, garlic powder, less than 2% sodium silicoaluminate added to prevent caking. Breading set in vegetable oil);

**CONTAINS:** EGG, SOY, WHEAT

**SHOP ORDER 00000**

**COOKING INSTRUCTIONS:** Cook 18-22 minutes in a 325° oven to a minimum of 165°F.

**PACKED 40- 3.40 OZ UNITS PER CASE (NET WEIGHT 8.50 LBS)**

**LOT 00000**

**KEEP FROZEN**

**FOR INSTITUTIONAL USE ONLY**

Reviewed by: [Signature]

Thursday, August 5, 2010 12:07:15 PM