Item Name: Orange Pineapple Juice

Brand: Preferred Meal Systems, Inc.

CN Number:

Basis for Data Submitted: As Served

Package Size: 4.00 (oz) 113.40 (g)

Servings Per Package: 1

Weight Per Serving: 4.00 (oz) 113.40 (g)

Nutrients based on: 1 Serving

Product Composition: Consists of 4oz serving of Orange Pineapple Juice

Meal Contributions: 0.00 oz.meat/meat alternative

0.00 grain/bread equivalent

1/2 cup fruit/vegetable

Preparation Instructions: Thaw and Serve

Source of Nutritional Information: Ingredient suppliers and/or USDA database

CALORIES 59.0 (KCAL)
PROTEIN 0.6 (GM)
CARBOHYDRATES 15.5 (GM)
TOTAL FAT 0.2 (GM)
SATURATED FAT
MonoFat
PolyFat
% Calories from Fat 3.1 (%)

CHOLESTEROL

VITAMIN A 28.1 (RE)
VITAMIN C 35.0 (MG)
THIAMIN 0.1 (MG)
RIBOFLAVIN 0.1 (MG)
NIACIN 0.3 (MG)
CALCIUM 15.0 (MG)
IRON 0.1 (MG)
POTASSIUM 192.6 (MG)
PHOSPHORUS 12.5 (MG)
SODIUM 0.7 (MG)
Fiber

No Value-Indicates no information available

Ingredients: water, orange juice, concentrate, pineapple juice concentrate

Reviewed by: Julie McNichols R.D., LDN