



HIGH SCHOOL HEALTH PROMOTION COMMITTEE

FACT SHEET

Students and teachers working together to promote positive health outcomes.

Historical Background: Health Promotion Committees (HPC) were established in 1999 as part of a project funded by the California Department of Education and the High School Tobacco Use Prevention Education grant (TUPE).

What is the goal of the High School Health Promotion Committee?

The goal of the Health Promotion Committee is to increase the capacity and effectiveness of comprehensive health programs at the high school level.

What is a Health Promotion Committee?

The HPC includes adult and student coordinators:

- **Health Liaison:** focuses on the promotion of health activities, such as Red Ribbon Week and theatre presentations, and supports the implementation of health education for the general student population,
- **Tobacco Intervention Coordinator:** implements the SFUSD Tobacco Free Policy and works with students to overcome their smoking addiction. Implements a citation procedure and smoking cessation readiness session for students assigned to in-house suspension and coordinates on site cessation programs,
- **Sexual Minority Youth Liaison:** focuses on gay, lesbian, bisexual, transgender and questioning youth. Provides drop-in sessions and coordinates activities such as PRIDE celebrations.

Activities within SFUSD and School Health Programs Department that support Health Promotion Committees:

- Comprehensive Health Education
- Tobacco Use Prevention Education
- Support Services for Sexual Minority Youth
- Comprehensive School Health Programs
- Safe and Drug Free Schools and Communities Comprehensive School Health Programs
- Safe and Drug Free Schools and Communities
- Peer Resource Program

For further information contact:

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