



# MIDDLE SCHOOL COORDINATOR DRUG PREVENTION PROGRAM

## FACT SHEET

...12% of San Francisco middle school students had used marijuana, 5% had used cocaine, and 10% had used inhalants to get high at some time in their life. (Youth Risk Behavior Survey, 1999)

**Historical Background:** In order to address student health risk behaviors, including substance use, San Francisco Unified School District established a Middle School Coordinator Drug Prevention Program in all middle schools in 2001. The program is implemented at each school site in collaboration with the site coordinators, licensed school district nurses.

### What is the Middle School Coordinator Drug Prevention Program?

- Drug Prevention Coordinators who are full-time certificated nurses work with sites to reduce the incidence of drug use and violence. Nurses work with site staff by providing support for implementation of health education and linking staff with current materials and resources, participating on Student Assistance Programs and Student Success Teams, and linking students to on-site and community resources to assist them in reach their optimal success.
- Provides students with Expanded Learning opportunities and positive alternatives before school, at lunch and after-school. Programs include ropes, backpacking, and sailing, physical activities and during the after-school hours students are linked to tutoring and academic support as well as enrichment programs.
- Research-Based Drug and Violence Prevention Education are provided and teacher on special assignment works in collaboration with school nurses to provide professional development and current curriculum materials to sites.
- School-Wide Health Promotion Events are encouraged to be implemented by site coordinators and Healthy School Teams.
- Parent/Family involvement is encouraged at sites. Workshops and information regarding health related issues are made available.

Activities within SFUSD and SHPD that support the Middle School Coordinator Drug Prevention Program:

- Health Education Curriculum
- School District Nurses
- School Resource Officers
- Student Assistance Program
- Expanded Learning
- Youth Risk Behavior Survey
- Healthy School Teams
- Gang Risk Intervention Program
- District Wide Events e.g. Red Ribbon Week
- Theatrical Presentations
- Community Based Organizations /CBO Orientation

**For further information contact:**

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