

# LOWELL HIGH SCHOOL

[www.sfusd.edu/schwww/sch697](http://www.sfusd.edu/schwww/sch697)

## WEEKLY STUDENT/PARENT BULLETIN #6

SEPT. 28-OCT. 2, 2009

DATE	SCHEDULE	ACTIVITY
Monday Sept. 28	B-code	
Tuesday Sept. 29	C-code	Soccer(boys)vsJordan@Lowell
Wednesday Sept. 30	Lowell PD Day#1	<b>BackToSchoolNight</b> /Tennis(girls)vsWash@Lowell
Thursday Oct. 1	Lowell PD Day#2	Golf(girls)vs.Marshall-GGPark/Soccer(boys)vsMarshall@Lowell
Friday Oct. 2	Neutral	Club Exploration Day/Football(boys-V)vsLincoln@Lincoln/Volleyball(girls-V&frosh/soph)vsMission@Lowell/Tennis(girls)vsBalboa@Balboa

Lowell Hotline: California Youth Crisis Line, 24/7: 1.800.843-5200 (live person at all times)  
Wellness Center, Monday-Friday, 8:30-4:30pm: 242-2575 (leave message if no answer)

### Special Schedule: Lowell Professional Development Days – Sept. 30 & Oct. 1

Sept. 30	6-7	10:00-11:00	Oct. 1	11-12	11:15-12:15
1-2	7:35-8:35	9-10	11:05-12:05	PD	8:00-10:15
4-5	8:40-9:40	lunch	12:05-12:45	lunch	10:15-10:55
Reg.	9:45-9:55	PD	12:45-3:00	Reg.	11:00-11:10
					14-15 12:20-1:20
					16-17 1:25-2:25
					19-20 2:30-3:30

### Special Schedule: Neutral Friday – Oct. 2

1-2	7:35-8:15	6-7	9:50-10:30	11-12	11:45-12:25	16-17	1:40-2:20
3B	8:15-8:27	8B	10:30-10:42	13B	12:25-12:37	18B	2:20-2:32
3C	8:33-8:45	8C	10:48-11:00	13C	12:43-12:55	18C	2:38-2:50
4-5	8:45-9:25	9-10	11:00-11:40	14-15	12:55-1:35	19-20	2:50-3:30
Reg.	9:30-9:40						

**It's Back!!! That is, Back to School Night** is here again on **Wednesday, September 30, 2009**. The Lowell High School staff and PTSA invites you, our Lowell family of teachers, parents and students to attend open house, which will begin in the auditorium promptly at 6:00pm, followed by class visits that begin at 6:20pm until 8:30pm. This is the first opportunity for parents to meet teachers as well as learn more about the school. See you Wednesday, September 30<sup>th</sup>!! (H.Giles)

**SENIOR COLLEGE MEETING** – All seniors are required to attend a senior college meeting on **Wednesday, September 30<sup>th</sup>** in the auditorium from 12:05 to 1:20. UC, CSU, early decision applications begin soon. Come and listen to counselors as they pass on information on how to get through the application process. Roll will be taken. (J. Tse)

**SENIORS: All students must pass swim requirement by passing course or testing successfully. SWIM TEST Thursday, Oct. 1, 7:30am-8:15am at SAVA pool. Bring student ID – students who do not know how to swim should not attempt swim test!** (T.Doherty)

### ATTENDANCE POLICY:

It is expected that Lowell students will attend school regularly. It has been our experience that more than five days of absence for any reason in an eighteen-week semester results in poor grades.

**Re-admit Slip** – if a student is absent, the parent/guardian should call the Attendance Office (Ms. Chu) at 759-2730 ext. 3167. The student's legal name and Registry number should be given. When the student returns to school, s/he must bring a note signed by the parent/guardian in order to obtain a "Re-admit" slip. They are issued daily at the following times and locations:

7:15 to 7:30 – Room 131, Attendance Office

8:00 to 9:20 – Room 131, Attendance

7:35 to 8:00 – Room 104, Ms. Schmidt

9:40-10:00 – Room 104, Ms. Schmidt

A student must secure the signatures from all his/her teachers AND return the Re-admit slip to Dean Cordoba (Rm127) within THREE DAYS of the absence.

**Permit-To-Leave (PTL for Appts)**-if a student needs to leave early during the day due to a Dr/DDS appointment/Other(not illness), s/he needs to bring a signed parent note to Rm 104 or Rm 131 in order to request a "Permit-To-Leave (PTL)". PTLs for appointments are issued daily between 7:35 and 9:20am. The PTL (white copy) issued to the student must be signed by the parent/guardian and returned to Rm 131 – Attendance Office or Rm 104 – Ms. Schmidt for a Re-admit slip the following morning.

**Permit-To-Leave (PTL for illness)**-if a student becomes ill during the day, s/he should go to see Nurse Rainey (Rm 129), Ms. Schmidt (Rm 104) or the Attendance Office (Rm 131) anytime during the day. The parent/guardian will be notified and a PTL (white copy) will be issued to the student. The student must have the parent sign the PTL and attach a note regarding the illness. The student must obtain a Re-admit Slip in Rm 131 or Rm104 upon returning to school.

**Tardy to School/Cutting Classes:** Any loss of school time has the same effect – a loss of educational opportunity. The Dean will assign penalties. Thank you for your cooperation. (J. Tse)

**PICTURE MAKEUP DAY:** Wednesday, Sept. 30<sup>th</sup>, 7:30-4pm.

\*Want an easy \$500? If you witnessed a car being keyed on Sept. 22 during mods 18-20 in front of the school please report to Principal Ishibashi or Dean Cordoba. Reports will remain anonymous. \$500 reward will go to witness. (Dean Cordoba)

Announcement: **Spring '09 ceramic students** (Ms. Edwards)- PLEASE collect your finished work from the S-01 classroom ASAP! All work will be removed October 2<sup>nd</sup>. (Ms. Edwards)

Dear Students and Staff: Thank you all very much for making the "Early bird" sale of the 2010 **Lowell yearbook** a HUGE success! We are now proceeding with the "Halloween Sale", which will run through Friday, October 30. The price for the ALL-COLOR, 300 page yearbook is now \$100. After that, the price will be \$105 until all the books are sold. Don't miss out on pre-ordering your copy. Just take \$100 in cash or check made out to Lowell High School to Room 5. And if you want a Special Package of a plastic cover, autograph pages and nameplate, add an additional \$5 to your order. Thanks. (Nickels)

**EMERGENCY CARDS:** All students must have an updated emergency card on file. If there are any changes regarding address, phone number(s), medical or other emergency information, please complete a new card. New cards are available in Rm. 104 from Ms. Schmidt. It is extremely important to have this information as accurate as possible in case of injury or illness. Completed cards should be given to Ms. Schmidt in room 104.

**FREE/REDUCED LUNCH PROGRAM** – If you qualify for free/reduced lunch, your fees for certain tests (AP, SAT, ACT) will be lowered and your eligibility for scholarships will be increased tremendously! Turn in your application ASAP, even if you are not interested in receiving free or reduced lunch. All students should complete a new 2009/2010 application. Siblings must complete a separate application. Please be sure to use UPPERCASE letters and BLACK pen. Application must be legible. If you are not interested in the program, parent must complete student's name, write "NOT INTERESTED", and sign & date application. New applications must be filed and approved by 9/28/09 to ensure that eligibility status is not interrupted. If your application is filed late, you will have to pay for your lunch until approval is received from Student Nutrition Services. Application processing takes approximately 2-3 weeks. APPLY NOW! APPLICATIONS ARE ACCEPTED ALL YEAR. All completed forms should be given to Ms. Schmidt in room 104.

### COLLEGE TOURS/INFO

**Yale Information Sessions:** Thursday, October 1 at 7:00pm C.K. McClatchy HS 3066 Freeport Blvd Sacramento, CA 95818, Friday October 2 at 6:30pm International HS of FAIS 150 Oak St San Francisco, CA 94102, Tuesday October 6 at 7:00pm at Oakland Technical HS 4351 Broadway Oakland, CA 94611

**University of Pennsylvania** is having an open house Sunday, October 4, 2009 at 4:30 PM; Monday, October 5, 2009 at 7:30 PM; Thursday, October 8, 2009 at 7:30 PM. The locations are: Hilton Santa Clara 4949 Great America Parkway Santa Clara CA 95054 (408)-330-0001; The University Club, 800 Powell St, SF CA 94108 (415)-781-0900; and Hotel Shattuck Plaza, 2086 Allston Way, Berkeley, CA 94704 (510)-845-7300 respectively.

**UC Davis** is having a preview day Saturday, October 17, 2009 from 7:30 AM -3:30 PM. If interested, please register online: [admissions.ucdavis.edu/previewday/pd](http://admissions.ucdavis.edu/previewday/pd)

**Come Visit USF:** The Office of Undergraduate Admissions will host special Open Houses on Saturday October 10, Friday November 6, Saturday November 14 2130 Fulton St San Francisco, CA RSVP at [www.usfca.edu/visit](http://www.usfca.edu/visit) or call (415) 422-6563

**Brown University:** You and your parents are invited to an introduction to Brown University on Wednesday October 7 at 7:00pm-9:00pm at Lick-Wilmerding HS Theatre 755 Ocean Avenue San Francisco, CA , and on Thursday, October 8 at 7:00pm-9:00pm, Oakland Technical HS 4351 Broadway Oakland, CA 94611 No RSVP necessary

**Northern Peninsula College Fair:** Thursday, October 22 at 5:00pm-7:30pm at Serramonte Center Mall Daly City, CA Representatives from CSU, UC, Private/Independent Colleges and Universities, CA Community Colleges, Out of State Colleges/Universities and the US Armed Forces

**Preview Day at Cal State East Bay,** Saturday, October 24 8:00am-12:30pm University Union 25800 Carlos Bee Blvd, Hayward, CA Register for this free event at [www.csueastbay.edu/previewday](http://www.csueastbay.edu/previewday) or call (510) 885-2612

**Learn more about Dartmouth:** Thursday October 1 at 7:00pm El Cerrito HS 540 Ashbury Avenue El Cerrito, CA and on Wednesday, October 14 at 7:00pm at Menlo School Martin Auditorium 50 Valparaiso Avenue Atherton, CA For more information and to RSVP <http://inyourcity.dartmouth.edu/infosessions/>

**Santa Clara University Open House** for prospective freshman, transfer students and their families on Sunday, October 11 at 8:00am to 2:00pm RSVP at [www.scu.edu/openhouse](http://www.scu.edu/openhouse)

**UC Merced Preview Day,** Saturday, October 17 at 10:00am-3:00pm To register or for more information go to [admissions.ucmerced.edu/preview-day](http://admissions.ucmerced.edu/preview-day) or call (866) 270-7301

**UC Riverside Saturday tour dates** - 2009: October 10, 24, November 7, 21, 2010: February 6, 27, March 6, April 3, 17 and May 8, 22 Reserve your spot [www.visit.ucr.edu](http://www.visit.ucr.edu) Each tour is personalized and includes information on admission, financial aid and the student experience at UCR.

**Ready 4 College** – A pilot program of Mission SF Community Financial Center. It provides parents and youths in grades 8-10 with key information and support to succeed in high school and prepare for college. There are four workshops and each is 2 ½ hours long. For more information, please contact Celina Ramos-Castro at 415 206-0846 ext. 19 or email [cramos@mission.coop](mailto:cramos@mission.coop). The deadline is September 28, 2009. (J. Tse)

## **PTSA**

**PTSA General Meeting:** Wednesday, October 7<sup>th</sup> 7 pm in the Choir Room 70. Guest speaker will be Ender Markal from SF Tutors to review SAT/ACT testing – comparisons of the two tests, preparation and much more. Students and parents are both welcome to attend this very informative presentation.

**Have you signed up or renewed your 2009-2010 PTSA membership yet?** If you have not, please do so right away so that you will qualify for a raffle donated by SF Tutors for two free SAT Prep courses. Raffle ends 10/31. Please go on-line to [www.lowellptsa.org](http://www.lowellptsa.org) to sign-up/renew or send a check to the Lowell PTSA. Membership is \$11 per member and remember students should be encouraged to join as well as the entire family!

**eScrip Members:** Please make sure to “RENEW” your Safeway commitment for 2009/10. Log on to [www.escript.com](http://www.escript.com) & click “YES RENEW”. This must be done by Nov. 1 to continue to support Lowell. (J. Wong-Lee)

## **SPORTS**

**Boys Basketball Managers and Video person needed.** Please see Mr. Ray if interested.

**LOWELL ATHLETICS:** Don't forget to check the website, [lowellathletics.com](http://lowellathletics.com) for all the scores and updates and pictures of your favorite teams! (R. Ray)

## **INTERESTED?**

**Want a fun and educational elective class?** Enroll in **CVE Marketing Class Spring 2010** – Learn computer skills for office clerical jobs. Learn selling and marketing skills for sales customer service jobs. Learn how to get a job. Receive job placement assistance (optional). Earn 5 credits for the class and up to 10 credits for your job (optional). Class offered mods 4-5 or 9-10 or Tuesday 3:30 to 6:30PM, or Wednesday 3:30 to 6:30PM. Working students encouraged to enroll. Students seeking employment encouraged to enroll. Students seeking job skill training encouraged to enroll. Sign up on your course selection form in reg, or see your counselor or see Mr. Nager in room S106 mods – Reg,6,7,8,11,12,13

Shakespeare once said, “**It is the east and Juliet is the sun**”. Think you can do better? Write a short love poem for Lowell's production of “As you like it”. Winning poems .will be featured in the play! For further info check flier outside of Rm 110. Due Oct. 15. (T.Bookwalter)

**CSF Drop-In Tutoring is Available!** Would you like help with your Spanish homework? Need some guidance in composing an English essay? Sign up for a one-on-one CSF Tutor by going to [Lowellcsf.webs.com](http://Lowellcsf.webs.com) and fill out the form under the tab “Tutees”. Drop-in tutoring is also available everyday from CSF members who have skills and experience in the courses you are taking. Stop by Rom 217A Monday-Friday during mods 19/20 or the library from 3:30-4:00pm. (N.Okada)

**Spare Our Planet Go Green Challenge!** - Starting October 5th, Lowell will be competing (against Lincoln) in the Spare Our Planet Go Green Challenge! The Spare Our Planet Go Green Challenge initiative is a student created content designed to increase awareness of climate change and promote the use of biking, walking, public transportation, and carpooling, and reduce our school community's environmental impact. Frosh, Soph, Junior and Senior class GoGreen representatives needed to reg. run to get the word out - see Mr. Wenning in S-204 or email [wenningm@sfusd.edu](mailto:wenningm@sfusd.edu)

**HIFY Youth Advisory Board** Health Initiatives for Youth will be recruiting for a new Youth Advisory Board. Want to gain work experience, help guide health programs, and have fun? For more info about this or other amazing opportunities with HIFY, check out [www.hify.org](http://www.hify.org) or email [manders@sfwellness.org](mailto:manders@sfwellness.org)! Applications are due Nov. 9th!

**PAID Environmental Internship** The Environmental Service Learning Initiative (ESLI) Youth Advisory Board is a selected crew of high school students that plans 4 city-wide community events throughout the school year, while gaining leadership and environmental service skills. For this position, you will attend weekly YAB meetings, starting October 2, 2009, 4:30-6:30 and be paid a \$500 stipend. For more info and to get an application, email [manders@sfwellness.org](mailto:manders@sfwellness.org)

**NEED HELP WITH YOUR COLLEGE ESSAY? WANT TO IMPROVE YOUR SAT WRITING SCORE? OR WANT TO PRACTICE YOUR CREATIVE WRITING?** Professional writers and journalists are ready to help you! Sign up for one of 826 Valencia's FREE workshop by visiting [www.826valencia.org/workshops](http://www.826valencia.org/workshops) and clicking on calendar.

**YOODOOOOGA!!!!!!** Tuesdays after school in room S-104. First class is Oct 6th. It's FREE. It's FUN. It will help you destress, calm your mind, get in shape, and improve your health. Email [manders@sfwellness.org](mailto:manders@sfwellness.org)

## **CLUBS**

**Chinese Club.** Come learn about fun games and activities through fun games and activities!!! Snacks provided! (X.Chang)

A club with only one meeting per month? Come join **Volunteer's Club!** It will be held in room 260 at 3:45 every last Wednesday of the month! (J.Reynolds)

Want to volunteer & learn about other countries? Then come to **BuildOn** on Tuesdays afterschool in Room 270. We have a Car Wash on Oct. 3, so come by Lowell and get your car washed! (K. Hoffman)

**Ai-Club.** Asian dramas! Ai-Club! Friday! 212! 3:40pm! Candy? (W. Lu)

Hey, you! Yes, you! Want to have fun, impress colleges, and clean Parks?! Come to the **Adopt-A-Park** recruitment meeting on Thursday, October 1<sup>st</sup> after school at 3:45pm in room 338. (T. Chan)

**Korean Club.** It's Monday again! That means there's yet another meeting for Korean Club! It's held at room 238, afterschool. You can come even if you missed previous meetings. (Y. Cho)

Come and join **Octagon Club!** Every Monday in S-205 @ 3:45pm. (Prothro)

**KEY Club.** Love to do service? Want to give back to the community? Then come to KEY Club! Wed at 3:45 in room 220. (R. Fisher)

**Gay-Straight Alliance:** How do you feel about love? Friendship? Activism? Cookies? Come on down to the GSA, Mondays in room 236, for all of this and more! (M.Worth)

## **FOUND**

Men's Silver watch, Metallic Pink girl's wallet, ladies ring. Please come to room 104 to claim. Must be able to describe item. (R.Schmidt)