

LOWELL HIGH SCHOOL

WEEKLY STUDENT/PARENT BULLETIN #8

OCT. 12-OCT. 16, 2009

<u>DATE</u>		<u>SCHEDULE</u>	<u>ACTIVITY</u>
Monday	Oct. 12	NO School	Columbus/Indigenous Day
Tuesday	Oct. 13	C-code	Soccer(boys)vsMission@Lowell-3:45pm
Wednesday	Oct. 14	Special-PSAT	PSAT/Golf(girls)vsLincoln@GGPark-3:30pm Tennis(girls)vsWallenberg@Lowell-3:30pm Volleyball(V-girls)vsJordan@Lowell-5:10pm
Thursday	Oct. 15	B-code	Soccer(boys)vsGalileo@Crocker 1-3:45pm Football(frosh/soph)vsGalileo@Galileo-3pm
Friday	Oct. 16	Neutral	Football(Varsity)vsGalileo@Lowell-3pm Volleyball(V&frosh/soph)vsO'Connell@OConnell-3:45&5:10pm

Lowell Hotline: California Youth Crisis Line, 24/7: 1.800.843-5200 (live person at all times)
Wellness Center, Monday-Friday, 8:30-4:30pm: 242-2575 (leave message if no answer)

SCHOOLLOOP: To use the SchoolLoop, parents should have their children's HO#, first and last name ready. Visit <http://lhs-sfusd-ca.schoolloop.com/>. Under Login line, click on <Register>. It will show you the language options (English, Spanish, and Chinese) and a link for <Parent Registration>. Click the link, the next page will ask you for your first and last name, phone # and email address, and some information about your child. The information you fill in MUST match the official records on file with SFUSD and will be verified by the school administration before access is granted. Lowell administration is working on the approval process. (M.Yi)

OCTOBER 14, 2009 PSAT Testing Day Time Schedule

PSAT	7:55-10:45		
Registry	11:00-11:10	Mods 9-10	1:11-1:35
Mods 1-2	11:15-11:39	Mods 11-12	1:39-2:03
Mods 4-5	11:44-12:08	Mods 14-15	2:08-2:32
Mods 6-7X*	12:13-12:37	Mods 16-17	2:37-3:01
Mods 6-7Y**	12:42-1:06	Mods19-20	3:06-3:30

* lunch for English, Math, VPA & "Other"

11th graders who do not take the PSAT and do not attend "Author Talk" may take their swimming test from 8-9am at Sava Pool (please see Mr. Doherty for details).

DEBATERS SCORE BIG WINS AT CSU LONG BEACH -- Congratulations to all six Lowell debaters who participated in the prestigious regional tournament at CSU Long Beach earlier this month. Two Lowell teams finished with records of 4-2 -- Mindy Huynh & Catherine Suen and Matthew Estipona & Julian Manasse-Boetani. Special thanks to Ms. Rotter for spending her weekend with us in Long Beach! (T.Abad)

Congratulations to Natasha Sadikin who earned a 2009 National Scholastic Art and Writing Awards Gold Medal Award in photography. Her work has been selected to be displayed in Washington, D.C. at the President's Committee on the Arts and the Humanities. Natasha has been invited to a reception on October 27th at the U.S. Department of Education. (J.Pollak)

YEARBOOK NEWS. Again, thanks to all students and staff who have purchased the 2010 yearbook to date. And thanks to all the seniors who have contributed baby photos and indexes for inclusion in the senior section!! If you have not reserved your copy of the 2010 yearbook, there are still copies available. From now until Oct. 31, just take a check for \$100 made out to Lowell High School to Ms. Nickels in Room 5. Be sure your name and reg number are on the memo line. You may also pay in cash. Thanks, Ms. Nickels

ATTENDANCE POLICY:

It is expected that Lowell students will attend school regularly. It has been our experience that more than five days of absence for any reason in an eighteen-week semester results in poor grades.

Re-admit Slip – if a student is absent, the parent/guardian should call the Attendance Office (Ms. Chu) at 759-2730 ext. 3167. The student's legal name and Registry number should be given. When the student returns to school, s/he must bring a note signed by the parent/guardian in order to obtain a "Re-admit" slip. They are issued daily at the following times and locations:

7:15 to 7:30 – Room 131, Attendance Office

8:00 to 9:20 – Room 131, Attendance

7:35 to 8:00 – Room 104, Ms. Schmidt

9:40-10:00 – Room 104, Ms. Schmidt

A student must secure the signatures from all his/her teachers AND return the Re-admit slip to Dean Cordoba (Rm127) within THREE DAYS of the absence.

Permit-To-Leave (PTL for Appts)-if a student needs to leave early during the day due to a Dr/DDS appointment/Other(not illness), s/he needs to bring a signed parent note to Rm 104 or Rm 131 in order to request a "Permit-To-Leave (PTL)". PTLs for appointments are issued daily between 7:35 and 9:20am. The PTL (white copy) issued to the student must be signed by the parent/guardian and returned to Rm 131 – Attendance Office or Rm 104 – Ms. Schmidt for a Re-admit slip the following morning.

Permit-To-Leave (PTL for illness)-if a student becomes ill during the day, s/he should go to see Nurse Rainey (Rm 129), Ms. Schmidt (Rm 104) or the Attendance Office (Rm 131) anytime during the day. The parent/guardian will be notified and a PTL (white copy) will be issued to the student. The student must have the parent sign the PTL and attach a note regarding the illness. The student must obtain a Re-admit Slip in Rm 131 or Rm104 upon returning to school.

Tardy to School/Cutting Classes: Any loss of school time has the same effect – a loss of educational opportunity. The Dean will assign penalties. Thank you for your cooperation. (J. Tse)

CONDOMS and sexual health information are available from Nurse Rainey on Wednesday afternoons, 1-3 PM, in room 129. Find out about local teen clinics, too. Drop-in visits okay.

EMERGENCY CARDS: All students must have an updated emergency card on file. If there are any changes regarding address, phone number(s), medical or other emergency information, please complete a new card. New cards are available in Rm. 104 from Ms. Schmidt. It is extremely important to have this information as accurate as possible in case of injury or illness.

FREE/REDUCED LUNCH PROGRAM : Our district is implementing a new computerized cafeteria system. Students will no longer need the sticker on the back of their ID card. All students should have received, from their Registry teacher, a new lunch card with a PIN. Students, please memorize your PIN. Your PIN will remain the same throughout your enrollment with SFUSD. You will still need to complete a new lunch application every year. Please note that lunch applications are accepted throughout the year.

COLLEGE VISITS/Note: The VICCI has moved to the end of the hall, Room 116. Seniors and juniors are welcome to sign up to attend these college visits in the VICCI. Many college representatives have come a long way to meet with you. Please be courteous and be sure to attend these visits once you have signed up. (M.Choi)

Oct. 13	9:45am	Willamette University, OR	Oct. 15	12:45pm	Simmons University
	10:30am	Claremont McKenna College		1:30pm	Boston University
	1:00pm	Amherst College		2:15pm	Cleveland Institute of Art
	2:15pm	Emerson College	Oct. 16	9:45am	Bowdoin College
Oct. 14	10:30am	University of Calgary		10:30am	Sarah Lawrence College
	12:00N	George Washington University		12:30pm	Michigan State University
Oct. 15	9:45am	University of Washington		1:15pm	Lawrence University
	10:30am	Spellman College		2:15pm	Babson College

VICCI CENTER:

College Preview Day--Cal Poly Pomona, 10/17. Register at dsacsupomona.edu/admissions.asp; CSU Monterey Bay, 10/17, csumb.edu/openhouse; UC Santa Cruz, 10/17, admissions.ucsc.edu/pday. (VICCI/Misc.)

NATIONAL YOUTH LEADERSHIP FORUM ON MEDICINE This is a 10 day conference in major US cities such as San Francisco for next summer 2010. Lowell can nominate up to 8 students, 9th through 12th grade. Cost for program is \$2650, but scholarships are available if students qualify. Deadline is October 20th to VICCI, room 116. Submit a self nomination form to be considered. Final deadline for submission from Lowell is October 30, 2009

This is a contest to win money for the Lowell! The LegiSchool Project's annual PSA Video Contest: What Would \$1000 Do For Your School? California State University, Sacramento and the State Legislature invite high school students to create a 60-second PSA video showcasing what \$1000 would do for your school. One video from the individual category and one video from the class/club category will be selected as prize winning entries. For more information contact Megan Thorall at thorall@csus.edu or (916) 278-7563.

CAMP ENTERPRISE: 3-day leadership workshop and seminar sponsored by SF Rotary at Pt Bonita YMCA in Marin Headlands November 6, 7 & 8 open to 10, 11th and 12th graders. All expenses provided including food and lodging. Application deadline October 15, 2009. Infor: Jamie Stein (415)771-7071 drstein@meakimandstern.com. Online app: www.sfrotary.org or at VICCI.

Sunset Neighborhood Beacon Center offers free programs for teens (e.g. Robotics, Hip Hop Dance) www.snbc.org/reconnect.

(VICCI/Misc)

West Sunset Rec Connect looking for INTERNS. Contact Ryan McCarthy: 415-694-3624 or westsunsetrc@gmail.com.

(VICCI/Misc)

PTSA

Parent Volunteers Needed for Lowell Night for 8th graders (Thursday, Oct. 29th). The PTSA is seeking parent volunteers for this very important night for 8th graders and their families. In past years, the event has been attended by over 3,000 interested people. For many, it is the first opportunity to see the site and learn about our school. We need dedicated parent volunteers to serve as ambassadors/welcomers to our visitors from 6:00-9:00pm at Lowell High School on Thursday, Oct. 29th. If you are interested in volunteering, please contact Cherry Lei at CherryLei@aol.com or Beth Alberts at gordonbeth@aol.com

Support Lowell and win a raffle! Join the PTSA before October 31st and you will have an opportunity to win one of two free SAT Preps provided by SF Tutors. Write a check for \$11 per family member to the Lowell PTSA or join on-line at www.lowellptsa.org

Beautification Day is looking for a painter!!! Our terrific painting leader, Kevin Brickley has graduated from Lowell, so we are looking for someone(s) to take over. If you are a painter, or feel comfortable coordinating students to paint, please contact Marny Leslie; mkmallonee@sbcglobal.net. Beautification Day will be held on October 24 from 9am to 3pm. Join us in "cleaning and greening" our school! Free lunch provided, and students earn Community Service Credit.

SPORTS

Boys Basketball Managers and Video person needed. Please see Mr. Ray if interested.

LOWELL ATHLETICS: Don't forget to check the website, lowellathletics.com for all the scores and updates and pictures of your favorite teams!

(R. Ray)

THEATRE

Lowell's production of "As You Like It" will be holding a love poem contest! All students who wish to participate should write a love poem no longer than 14 lines, and turn it into Room 110 by Oct. 15, 2009. Winners will have their poems featured in the show! (And get free tickets).

(T.Bookwalter)

INTERESTED?

Lowell Teen Library Board—We are accepting new members for this school year! Teen Library Board members advise and help with choosing new materials and library programming. If you would like to find out more, come to an informational meeting on Thursday, Oct. 15 at 3:45 in room 118. Applications will be available at the meeting

(L. Guित्रon)

There will be a preliminary test (10min, 10 questions) on Tuesday Oct. 13th in Rm 338 to determine the candidates for our school to be on the contest "Who wants to be a mathematician?" We will select one boy and one girl to represent our school and they will have a chance to win \$5000.00. Anyone is welcome. Test will promptly start at 3:45pm.

(T.Chan)

STUDENTS: EARN COMMUNITY SERVICE HOURS!!! Save the date: Oct. 24, 9am to 3pm. Attention all Students and Parents, Carpenters, Painters, Gardeners, Handy-persons and Lowell Enthusiasts!!! Beautification Day needs you! Come for an hour, come for the day. Parents: We need leaders for painting, cleaning, etc. Let us know your specialty!! Contact Marny Leslie, mkmallonee@sbcglobal.net 706-9628. ALL ARE WELCOME!

Tired of your old, boring wardrobe? Get a new, glamorous outfit at the **Gardening Club's Recycled Clothing Exchange**. Save the date for the week of November 10th. Don't throw your clothes away, donate them! Drop off your clothes in one of our handy donation boxes at the library, or the main office (under the counter). Donate at the catwalk and receive a coupon good towards your future purchase at Gardening Club's Recycled Clothing Exchange Extravaganza any day from now to November 5th mods 8-18! What you hate could be another person's glamorous ball gown. Look good and save the earth! Everything accepted except for socks, shoes, and underwear.

(K.Melvin)

Myriad: Submit prose, poetry and art to the Myriad and possibly see your name in print! Boxes located in room 130 and the library, or email to lowellmyriad@yahoo.com. Please include your name, reg and email.

(N.Henares)

Want a fun and educational elective class? Enroll in CVE Marketing Class Spring 2010 – Learn computer skills for office clerical jobs. Learn selling and marketing skills for sales customer jobs. Learn how to get a job. Receive job placement assistance (optional). Earn 5 credits for the class and up to 10 credits for your job (optional). Class offered mods 4-5 or 9-10 or Tuesday 3:30 to 6:30PM, or Wednesday 3:30 to 6:30PM. Working students encouraged to enroll. Students seeking employment encouraged to enroll. Students seeking job skill training encouraged to enroll. Sign up on your course selection form in Reg, or see your counselor or see Mr. Nager in room S106 mods-Reg, 6,7,8,11,12,13.

(N.Nager)

Alive in Necropolis author Doug Dorst will address an assembly at Lowell from 9-10am on Wednesday, Oct. 14. Still wondering about those ghosts? Come and ask the author. Doug Dorst will answer questions and sign your copy of his book.

(C. Innis)

CSF Drop-In Tutoring is Available! Would you like help with your Spanish homework? Need extra guidance in composing an English essay? Sign up for a one-on-one CSF Tutor by going to Lowellcsf.webs.com and fill out the form under the tab "Tutees". Drop-in tutoring is also available everyday from CSF members who have skills and experience in the courses you are taking. Stop by Room 217A Monday-Friday during mods 19/20 or the library during mods 9/10, 11/12, or from 3:30-4:00p.m.

(N.Okada)

Unleash Your Creativity! Design the official '09 World AIDS Day Tee Shirt for the Until There's A Cure AIDS Foundation. E-mail designs to dina@utac.org (include name, age, school name and address). Deadline Oct. 30. Visit www.until.org or call 1-800-88-UNTIL for details.

(Wellness)

Alive and Kicking! Self-defense classes available for women (18+, teens with permission) in San Francisco and Oakland. Info at www.jccsf.org (sf) or call 415-289-7944. Email aliveandkick@gmail.com for details.

(Wellness)

Calling all young artists and creative minds! Soroptimist International of San Francisco is sponsoring a YOUTH ART CONTEST. The theme of this contest is Domestic Violence Awareness or Stop Domestic Violence. Create a poster in color on a plain white sheet of paper (min 8 1/2 x 11 in., max 16 x 20 in.). Call 415.550.7943 or e-mail sisf-board@sfsoroptimist.org for details.

(Wellness)

So you missed the first week of YOGA but worry not! It's not too late to join the class. The **Lowell YOGA crew meets Tuesdays after school in room S-104**. It is a great way to de-stress, relax, exercise, and have fun. Not to mention there is a special prize for anyone who comes to class and knows the secret password. So give it a try and bring your friends!

(Wellness)

WANT TO BE A LAWYER? The SF Peer Jury and Teen Court is hosting a training on **WEDNESDAY OCTOBER 28TH FROM 4-8PM**. The training will be held at 555 Franklin St and open to all youth ages 12-18. To enroll, check out www.peercourt.org or call (415)865-2524.

CLUBS

SAT Club. Join the SAT Club on Thursday at 3:35pm for free SAT preparation. Discuss challenging problems and learn tricks. Currently working on SAT Math problems.

(J. Gribler)

Chinese Club. I like to move it move it!!!@ Chinese Club. This Thursday room 212. Snacks provided!!!

(X.Chang)

Want to be a part of something special? Want to get a scholarship for college? Then come to **Key Club!** Wednesday in room 220.

(R.Fisher)

BestBuddies. Meeting every Friday Rm 145 at 3:45. Create one-to-one friendships, integrate leadership and social development for people with intellectual and developmental disabilities. Questions? Email: LowellBestBuddiesClub@gmail.com

(S.Telli)

Mathletes: Come be a mathlete and exercise your mind! We meet every Tuesday after school in room 338 to solve fun math problems and practice for competitions.

(T.Chan)

Ai-Club. Asian Dramas! Come Watch! Rm 212 Friday 3:45pm.

(W.Lo)

Interested in Chinese martial arts? Wanna know how Jet Li got started? Then drop by the **Chinese Arts Club** on Mondays at 3:45 in S103! No experience necessary. Hope to see you there!

(M.Choi)

FOUND: Metallic Pink girl's wallet, ladies ring. Please come to room 104 to claim.

(Ms. Schmidt)